

**University of Windsor
Blue & Gold Intrasquad Meet
St. Denis Centre, University of Windsor - 12/7/2005 to 12/8/2005
Results**

Women 60 Meter Dash

Intrasquad:	7.74 * 1993	Molly Killingbeck
CIS Standard:	7.58 !	
Facility:	7.15 +	Angela Bailey
Name	School	Finals
1 Harrison, Danielle	Gold	7.96
2 Lewis, Jamie	Blue	8.04
3 Davis, Shannon	Gold	8.16
4 Francis, Latesha	Gold	8.17
5 Fall, Meghan	Blue	8.17
6 Davis, Shavonne	Blue	8.18
7 Kipping, Sarah	Gold	8.36
8 O'Brien, Jen	Gold	8.43
9 Morrison, Lindsay	Blue	8.52
10 Conner, Courtney	Blue	8.54
11 Knaggs, Courtney	Blue	8.59
12 Spaling, Sonya	Gold	8.61
12 Daichendt, Alyssa	Gold	8.61
14 Campbell, Meagan	Blue	8.67
15 Maaten, Dayna	Gold	8.79
16 Plummer, Geniene	Gold	8.80
17 Lyons, Adriana	Gold	8.82
18 Creighton, Janice	Blue	9.06
19 Fay, Stephaney	Blue	9.09
20 Kuntz, Marijean	Gold	9.20
21 Reynolds, Meghan	Blue	9.81

Women 300 Meter Dash

Intrasquad:	39.47 * 1989	Molly Killingbeck
CIS Standard:	40.07 !	
Facility:	37.78 +	Molly Killingbeck
Name	School	Finals
1 Spaling, Sonya	Gold	42.08
2 Davis, Shavonne	Blue	42.13
3 Davis, Shannon	Gold	42.43
4 Lynch, Maggie	Gold	42.79
5 Lewis, Jamie	Blue	43.22
6 Notarangelo, Sabrina	Blue	43.79
7 Daichendt, Alyssa	Gold	44.05
8 Morrison, Lindsay	Blue	44.24
9 Rudic, Mila	Blue	46.02
10 Fay, Stephaney	Blue	47.31
11 Fochesato, LeeAnne	Unattached	49.66

Women 600 Meter Run

Intrasquad:	1:34.28 * 1989	Molly Killingbeck
CIS Standard:	1:32.61 !	
Facility:	1:28.22 +	Molly Killingbeck
Name	School	Finals
1 Lynch, Maggie	Gold	1:38.94
2 Daichendt, Alyssa	Gold	1:40.89
3 Woods, Madeleine	Gold	1:45.33
4 Campbell, Lindsay	Blue	1:47.38
5 Lyons, Adriana	Gold	1:49.21
6 Rudic, Mila	Blue	1:53.92
7 Fochesato, LeeAnne	Unattached	2:00.45

Women 1000 Meter Run

Intrasquad:	3:04.18 * 1991	Michelle King
CIS Standard:	2:52.74 !	
Facility:	2:46.42 +	Paula Schnurr
Name	School	Finals
1 Woods, Madeleine	Gold	3:05.24
2 Mokedanz, Amanda	Blue	3:06.68
3 Eberhard, Hannah	Gold	3:10.30
4 Manning, Lindsay	Gold	3:10.66
5 Moran, Brittany	Gold	3:12.78
6 Nolte, Nikki	Blue	3:13.64
7 Gawinski, Kali	Blue	3:14.47
8 Campbell, Lindsay	Blue	3:22.31

Women 1500 Meter Run

Intrasquad:	4:37.20 * 1992	Michelle King
CIS Standard:	4:35.54 !	
Facility:	4:18.45 +	Ulla Marquette
Name	School	Finals
1 Matassa, Jessica	Windsor Bulldogs	4:02.64 +
2 Macchione, Mel	Blue	4:52.18
3 Oumesrou, Amina	Blue	4:52.74
4 Eberhard, Hannah	Gold	4:56.55
5 Manning, Lindsay	Gold	4:59.50
6 Moran, Brittany	Gold	5:04.94
7 Gawinski, Kali	Blue	5:08.76
8 Mokedanz, Amanda	Blue	5:09.43
9 Fochesato, LeeAnne	Unattached	5:49.43

Women 3000 Meter Run

Intrasquad:	9:59.20 * 1995	Dana Cunningham
CIS Standard:	9:59.24 !	
Facility:	9:16.90 +	Ann Marie Malone
Name	School	Finals
1 Matassa, Jessica	Windsor Bulldogs	8:09.90 +
2 Macchione, Mel	Blue	10:20.22
3 Oumesrou, Amina	Blue	10:58.86
4 Daichendt, Alyssa	Gold	12:06.48
5 Moran, Brittany	Gold	12:56.43
6 Gawinski, Kali	Blue	13:01.04
7 Lyons, Adriana	Gold	13:28.11
8 Manning, Lindsay	Gold	13:45.38
9 Mokedanz, Amanda	Blue	13:54.19

Women 60 Meter Hurdles

Intrasquad:	8.69 * 2002	Melanie Lachapelle
CIS Standard:	8.73 !	
Facility:	8.08 + 2/20/1988	Julie Rocheleau
Name	School	Finals
1 Park, Kelley	Blue	8.83
2 Francis, Latesha	Gold	9.32
3 Lynch, Maggie	Gold	9.44
--- Conner, Courtney	Blue	DNF

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Women High Jump

Intrasquad: 1.70m * 1988 **Marg Gillen**
CIS Standard: 1.70m !
Facility: 1.88m + 2/20/1988 **Linda McCurdy**

Name	School	Finals
1 Burch, Stef	Blue	1.64m
2 Kuntz, Marijean	Gold	1.61m
3 Kipping, Sarah	Gold	1.55m
4 Lewis, Jamie	Blue	1.50m
5 Maaten, Dayna	Gold	1.45m
6 Notarangelo, Sabrina	Blue	1.35m
7 Knaggs, Courtney	Blue	1.30m
8 Nolte, Nikki	Blue	1.20m

Women Pole Vault

Intrasquad: 3.60m * 1999 **Alicia Bryenton**
CIS Standard: 3.60m !
Facility: 4.00m + **Dana Ellis**

Name	School	Finals
1 Creighton, Janice	Blue	3.45m
2 Maaten, Dayna	Gold	3.20m
3 Lyons, Adriana	Gold	J3.20m
4 Paterson, Kristen	Gold	2.80m
--- Reynolds, Meghan	Blue	DNF

Women Long Jump

Intrasquad: 5.74m * 1996 **Steph Gouin**
CIS Standard: 5.74m !
Facility: 6.18m + **Alice Falaiye**

Name	School	Finals
1 Park, Kelley	Blue	5.71m
2 Notarangelo, Sabrina	Blue	5.47m
3 Kipping, Sarah	Gold	5.32m
4 Harrison, Danielle	Gold	5.14m
5 Lewis, Jamie	Blue	5.11m
6 Fall, Meghan	Blue	5.10m
7 Plummer, Geniene	Gold	5.07m
8 Francis, Latesha	Gold	5.02m
9 Burch, Stef	Blue	5.00m
10 Spaling, Sonya	Gold	4.94m
11 Morrison, Lindsay	Blue	4.81m
12 Campbell, Meagan	Blue	4.69m
13 Davis, Shannon	Gold	4.40m
14 Rudic, Mila	Blue	4.32m
15 Campbell, Lindsay	Blue	4.28m
16 Paterson, Kristen	Gold	4.15m
17 Creighton, Janice	Blue	4.08m
18 Knaggs, Courtney	Blue	4.00m
19 Davis, Shavonne	Blue	3.89m
20 Fay, Stephaney	Blue	3.88m
21 Kuntz, Marijean	Gold	3.65m
22 Dufresne, Tammy	Gold	3.57m
23 Mokedanz, Amanda	Blue	3.44m
24 Reynolds, Meghan	Blue	3.43m
25 Manning, Lindsay	Gold	3.38m
26 Tiffin, Amy	Gold	3.04m
27 Nolte, Nikki	Blue	3.00m

Women Triple Jump

Intrasquad: 12.43m * 1993 **Kelly Dinsmore**
CIS Standard: 11.87m !
Facility: 12.82m + **Kelly Dinsmore**

Name	School	Finals
1 Park, Kelley	Blue	11.67m
2 Kipping, Sarah	Gold	11.12m
3 Plummer, Geniene	Gold	10.70m
4 Campbell, Meagan	Blue	10.67m
5 Harrison, Danielle	Gold	10.45m
6 Francis, Latesha	Gold	9.87m
7 Campbell, Lindsay	Blue	9.41m
8 Knaggs, Courtney	Blue	9.37m
9 Rudic, Mila	Blue	8.92m

Women Shot Put

Intrasquad: 14.18m * 2002 **Tanya Sawyers**
CIS Standard: 13.03m !
Facility: 16.20m + **Melody Torcallacci**

Name	School	Finals
1 Van Dam, Laura	Gold	11.44m
2 Hedges, Kari	Blue	10.05m
3 Tiffin, Amy	Gold	9.67m
4 Conner, Courtney	Blue	8.78m
5 Notarangelo, Sabrina	Blue	8.48m
6 Woods, Madeleine	Gold	8.07m
7 Burch, Stef	Blue	7.96m
8 Davis, Shannon	Gold	7.67m
9 Spaling, Sonya	Gold	7.66m
10 Lewis, Jamie	Blue	7.58m
11 Rudic, Mila	Blue	7.11m
12 Gawinski, Kali	Blue	6.99m
13 Campbell, Meagan	Blue	6.74m
14 Dufresne, Tammy	Gold	6.64m
15 Manning, Lindsay	Gold	6.61m
16 Mokedanz, Amanda	Blue	6.54m
17 Kipping, Sarah	Gold	6.48m
18 Oumesrou, Amina	Blue	6.43m
19 Nolte, Nikki	Blue	6.42m
20 Maaten, Dayna	Gold	6.16m
21 Moran, Brittany	Gold	5.28m
22 Macchione, Mel	Blue	5.11m

Women Weight Throw

Intrasquad: 16.03m * 2002 **Courtney Bovin**
CIS Standard: 16.81m !
Facility: 16.14m + **Nicole Clarke**

Name	School	Finals
1 Jibb, Sara	Blue	14.21m
2 Hedges, Kari	Blue	13.38m
3 Van Dam, Laura	Gold	11.85m

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Men 60 Meter Dash

Intrasquad:	6.84 * 1998	O'Brian Gibbons
CIS Standard:	6.85 !	
Facility:	6.51 + 12/23/198	Ben Johnson
Name	School	Finals
1 Nriagu, Osi	Windsor LegionT	7.14
2 Hason, Samir	Gold	7.20
3 Quigley, Derek	Gold	7.23
4 Christmon, Mike	Blue	7.32
5 Ray, Tyler	Gold	7.33
6 Ferguson, Mathew	Gold	7.43
7 Foglia, Joe	Gold	7.44
8 McLaughlin, Mike	Blue	J7.44
9 Henry, Josh	Gold	J7.44
10 Warnock, Ben	Gold	7.45
10 Moses, Garvin	Blue	7.45
12 Ferguson, Jeff	Blue	7.49
13 Bishop, Adrian	Gold	7.50
14 Bulgin, Jason	Blue	7.51
15 Stephenson, Daryl	Blue	7.52
16 Bianchi, Jeff	Gold	7.66
17 Paterson, Steve	Gold	7.67
18 Dietrich, Neil	Gold	7.75
19 Dorion, Josh	Blue	7.79
20 Dinardo, Kevin	Unattached	7.83
21 Vander Vloet, Joey	Blue	7.84
22 Qaqish, Lawrence	Blue	7.89
23 Burke, Akili	Blue	J7.89
24 Garton, Rich	Gold	7.90
25 Pye, Trevor	Blue	7.96
26 DePiero, Dave	Blue	8.09
27 Meyer, Alex	Blue	8.41
28 Harris, Matt	Blue	J8.41
29 Favre, Jonathan	Gold	8.53
30 Landry, Chris	Blue	8.65
31 Morencie, Matt	Blue	J8.65
32 Edwards, Darl	Gold	8.73
33 Piene, Svien	Gold	8.95
34 Jones, Brian	Blue	32.41

Men 300 Meter Dash

Intrasquad:	34.28 * 1996	O'Brian Gibbons
CIS Standard:	34.69 !	
Facility:	33.79 + 3/9/1985	Desai Williams
Name	School	Finals
1 Geer, Keenan	Blue	36.38
2 Moses, Garvin	Blue	36.50
3 Ferguson, Jeff	Blue	36.57
4 McLaughlin, Mike	Blue	37.09
5 Quigley, Derek	Gold	37.24
6 Ferguson, Mathew	Gold	39.22
--- Bishop, Adrian	Gold	DNF

Men 600 Meter Run

Intrasquad:	1:21.50 * 1993	Steve Radovich
CIS Standard:	1:20.94 !	
Facility:	1:18.49 +	Tim Bethune
Name	School	Finals
1 Pye, Trevor	Blue	1:23.91
2 Moses, Garvin	Blue	1:25.93
3 Geer, Keenan	Blue	1:25.99
4 Dietrich, Neil	Gold	1:26.45
5 Edwards, Darl	Gold	1:42.02

Men 1000 Meter Run

Intrasquad:	2:27.00 * 1999	Ryan McKenzie
CIS Standard:	2:28.09 !	
Facility:	2:24.10 + 3/3/1984	Dave Reid
Name	School	Finals
1 Marial, Deng	Blue	2:32.23
2 Garton, Rich	Gold	2:34.10
3 Dietrich, Neil	Gold	2:43.61

Men 1500 Meter Run

Intrasquad:	3:55.22 * 1999	Ryan McKenzie
CIS Standard:	3:55.54 !	
Facility:	3:45.95 + 2/2002	Ryan Mckenzie
Name	School	Finals
1 Marial, Deng	Blue	4:02.13
2 Young, Brandon	Blue	4:09.17
3 DePiero, Dave	Blue	4:12.53
4 Labute, Martin	Windsor LegionT	4:16.17
5 Smith, Josh	Blue	4:18.40
6 May, Jeff	Windsor Bulldogs	4:37.37

Men 3000 Meter Run

Intrasquad:	8:24.40 * 1990	Dave Lamont
CIS Standard:	8:25.24 !	
Facility:	7:59.29 +	Jeff Schiebler
Name	School	Finals
1 Marial, Deng	Blue	8:39.52
2 DePiero, Dave	Blue	8:42.99
3 Gosselin, James	Unattached	8:56.25
4 Favre, Jonathan	Gold	8:58.07
5 Young, Brandon	Blue	9:07.53
6 Meyer, Alex	Blue	9:07.58
7 Labute, Martin	Windsor LegionT	9:16.20
8 May, Jeff	Windsor Bulldogs	9:17.14
9 Semple, Lucas	Gold	9:27.07
10 Pye, Trevor	Blue	9:27.09
11 Landry, Chris	Blue	9:28.92
12 Moses, Garvin	Blue	12:19.25
13 Garton, Rich	Gold	12:19.26
--- Piene, Svien	Gold	DNF
--- Bodirlau, John	Blue	DNF

Men 60 Meter Hurdles

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Intrasquad: 8.07 * 1993 **John Owens**
CIS Standard: 8.40 !
Facility: 7.59 + 2/20/1988 **Mark McKoy**

Name	School	Finals
1 Paterson, Steve	Gold	9.13
2 Foglia, Joe	Gold	9.29
3 Smith, Corey	Gold	9.51

Men High Jump

Intrasquad: 2.14m * 1990 **Anthony Black**
CIS Standard: 2.03m !
Facility: 2.24m + 3/5/1983 **Greg Joy**

Name	School	Finals
1 Bishop, Adrian	Gold	1.95m
2 Ray, Tyler	Gold	1.90m
3 Henry, Josh	Gold	1.80m
4 Edwards, Darl	Gold	1.70m
5 Smith, Corey	Gold	1.67m
6 Bulgin, Jason	Blue	1.60m
6 Dinardo, Kevin	Unattached	1.60m
6 Wilson, Cam	Gold	1.60m
9 Paterson, Steve	Gold	1.50m
9 Warnock, Ben	Gold	1.50m
9 Jones, Brian	Blue	1.50m
12 Mauricio, Christiano	Blue	1.30m
12 Glassford, Ian	Gold	1.30m
--- Nriagu, Osi	Windsor LegionT	NH

Men Pole Vault

Intrasquad: 5.25m * 1988 **Paul Babits**
CIS Standard: 4.80m !
Facility: 5.55m + 1992 **Doug Wood**

Name	School	Finals
1 Bianchi, Jeff	Gold	3.95m
2 Dorion, Josh	Blue	3.80m
3 Qaqish, Lawrence	Blue	3.20m
--- Brundritt, Ricky	Unattached	NH
--- Charbonneau, Levi	Blue	NH

Men Long Jump

Intrasquad: 7.38m * 1999 **Clayton Latham**
CIS Standard: 7.07m !
Facility: 7.64m + **Kyle McDuffie**

Name	School	Finals
1 Warnock, Ben	Gold	6.86m
2 Hason, Samir	Gold	6.74m
3 Nriagu, Osi	Windsor LegionT	6.66m
4 Ray, Tyler	Gold	6.51m
5 Bishop, Adrian	Gold	6.48m
6 Henry, Josh	Gold	6.40m
7 Bulgin, Jason	Blue	6.17m
8 Dinardo, Kevin	Unattached	6.08m
9 Quigley, Derek	Gold	5.99m
10 Vander Vloet, Joey	Blue	5.93m
11 Foglia, Joe	Gold	5.92m
12 Dorion, Josh	Blue	5.91m

13 Smith, Corey	Gold	5.82m
14 Ferguson, Jeff	Blue	5.76m
15 Moses, Garvin	Blue	5.17m
16 Favre, Jonathan	Gold	4.72m
17 Jones, Brian	Blue	2.59m

Men Triple Jump

Intrasquad: 14.66m * 1998 **Todd Crawford**
CIS Standard: 14.63m !
Facility: 16.07m + 2/21/1988 **George Wright**

Name	School	Finals
1 Henry, Josh	Gold	13.20m
2 McLaughlin, Mike	Blue	11.81m
3 Quan, Gordon	Unattached	11.54m
4 Brundritt, Ricky	Unattached	10.38m

Men Shot Put

Intrasquad: 17.52m * 1997 **Brad Snyder**
CIS Standard: 15.39m !
Facility: 18.55m + 12/19/199 **Brad Snyder**

Name	School	Finals
1 Miller, Mike	Gold	15.62m !
2 Jones, Brian	Blue	15.61m !
3 Morencie, Matt	Blue	13.37m
4 Glassford, Ian	Gold	13.02m
5 Harris, Matt	Blue	12.98m
6 Ray, Tyler	Gold	11.81m
7 Wilson, Cam	Gold	11.29m
8 Stephenson, Daryl	Blue	11.19m
9 Smith, Corey	Gold	10.67m
10 Warnock, Ben	Gold	10.54m
11 Foglia, Joe	Gold	10.44m
12 Edwards, Darl	Gold	9.60m
13 Ferguson, Jeff	Blue	9.53m
14 Nriagu, Osi	Windsor LegionT	9.36m
15 Quigley, Derek	Gold	9.25m
16 Bishop, Adrian	Gold	9.24m
17 Bianchi, Jeff	Gold	9.18m
17 Garton, Rich	Gold	9.18m
19 Paterson, Steve	Gold	9.15m
20 Dietrich, Neil	Gold	8.80m
21 Vander Vloet, Joey	Blue	8.76m
22 Favre, Jonathan	Gold	7.26m
23 Ferguson, Mathew	Gold	6.47m

Men Weight Throw

Intrasquad: 15.45m * 2002 **Lance Montigny**
CIS Standard: 16.63m !
Facility: 15.45m + 2/12/2002 **Lance Montigny**

Name	School	Finals
1 Miller, Mike	Gold	15.36m
2 Jones, Brian	Blue	14.34m
3 Glassford, Ian	Gold	14.12m

Mixed 4x200 Meter Relay

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Results

Intrasquad: 1:38.10 * 1991		Gold
Grant, Souliere, Perroni, Gibbons		
Team	Relay	Finals
1 Gold	D	1:41.73
2 Blue	A	1:42.23
3 Blue	D	1:43.57
4 Gold	E	1:43.90
5 Gold	B	1:46.71
6 Gold	F	1:47.76
7 Blue	B	1:50.46
8 Gold	G	1:51.85
9 Blue	E	1:54.29
10 Blue	C	1:54.74
11 Gold	A	1:54.76
12 Gold	C	1:55.65