

**Family Fun For Everyone**  
**Pledges over \$50.00 Free Gift**  
**Clowns & Facepainting & Horses**  
**Crafts & Games**  
**Door Prizes for Kids & Adults**  
**Prizes for most pledges**



**Barbara Parry Paediatric Oncology Association**  
**8th Annual**  
**Carla Can Sing**  
**5K Family Fun**



**Saturday, May 28, 2011**  
**Windsor Raceway**  
**5555 Ojibway Parkway**  
**Registration Starts at 8:30 a.m.**

Visit [www.carlacansing.com](http://www.carlacansing.com) to download more pledge forms

Name of Walker: \_\_\_\_\_ Age of Walker: \_\_\_\_\_ Phone: \_\_\_\_\_ Email: \_\_\_\_\_  
(if under 16)

Address: \_\_\_\_\_ City: \_\_\_\_\_ Postal Code: \_\_\_\_\_ Pledge Goal: \$ \_\_\_\_\_

**TURN THE PAGE OVER TO LEARN HOW TO MAKE YOUR PLEDGES GROW!**

PLEASE COMPLETE ALL INFORMATION AND PRINT CLEARLY

			AMOUNT PLEDGED	AMOUNT RECEIVED	*TAX RECEIPT REQUIRED (\$20 or more) (WRITE yes or no)
		Phone:			
Address:	City:	Postal Code			
Name:		Phone:			
Address:	City:	Postal Code			
Name:		Phone:			
Address:	City:	Postal Code			
Name:		Phone:			
Address:	City:	Postal Code			
Name:		Phone:			
Address:	City:	Postal Code			
Name:		Phone:			
Address:	City:	Postal Code			
Name:		Phone:			
Address:	City:	Postal Code			
Name:		Phone:			
Address:	City:	Postal Code			
Name:		Phone:			
*TAX RECEIPT ISSUED FOR PLEDGES \$20 & OVER. PLEASE INDICATE "YES" IF YOU WISH A RECEIPT			TOTAL PLEDGED	\$	

**Liability Waiver (Please read carefully. If walker is under 16 a parent and/or guardian must sign):** In volunteering to participate in the Carla Can Sing Walk-a-thon, I hereby agree that this activity shall be at my own risk against all casualties to myself or my property and that I take all risks of any kind no matter how caused and hereby release and discharge the Barbara Parry Paediatric Oncology Association and Windsor Raceway & Slots, and indemnify them of and from all actions, claims, demands or every nature and kind whatsoever which I or my heirs, executors, administrators, or assigns may now or can at any time thereafter have against the said sponsors of the Walk-a-thon on account of any loss, damage, injury caused by negligence, default or misconduct of the sponsors, themselves, servants, agents, members or otherwise howsoever.

Print Name Here: \_\_\_\_\_ Signature of Walker or Parent/Guardian: \_\_\_\_\_ Date: \_\_\_\_\_



The Barbara Parry Paediatric Oncology Association needs your help! In order to make sure every young child with cancer receives a “Carla Can Sing/Carla Sait Chanter” gift package to help them understand what is happening to them as they go through cancer treatment, we need to fundraise.

Below is a suggestion of how easy it can be to “grow” your pledges. The amounts noted are just an example.

You can choose the amount that works best for you and then watch it grow!! We even have prizes for the most money raised by category:

Prize Categories: Adult Male      Adult Female      Teen (13-18)      Child (12 & under)

Thank You For Your Support

HOW TO GROW YOUR PLEDGES		
STEP 1	First, sponsor yourself for \$25.00	\$25.00
STEP 2	Then, ask 2 people in your family to sponsor you for the same amount (2 x \$25.00 = \$50.00)	\$75.00
STEP 3	Ask 5 friends to contribute \$20.00 each (5 x \$20.00 = \$100.00)	\$175.00
STEP 4	Ask 5 co-workers (or ask your parents to ask their co-workers) for \$10.00 each (5 x \$10.00 = \$50.00)	\$225.00
STEP 5	Ask 5 neighbours to contribute \$10.00 each (5 x \$10.00 = \$50.00)	\$275.00
	<i>Wow! You are more than half way there!!!</i>	
STEP 6	Ask 5 people from your social or sporting groups to contribute \$10.00 each (5 x \$10.00 = \$50.00)	\$325.00
STEP 7	Ask your boss (or ask your parents to ask their boss) for a company contribution of \$25.00	\$350.00
STEP 8	Ask 5 local merchants where you shop to sponsor you for \$20.00 each (5 x \$20.00 = \$100.00)	\$450.00
STEP 9	Ask 2 businesses you do business with or frequent (doctor, health club) for \$25.00 each (2 x \$25.00 = \$50.00)	\$500.00
	<i>Holy smoke—you’ve done it—reached your goal!!</i>	

Visit [www.carlacansing.com](http://www.carlacansing.com) for more pledge sheets  
519.944-6985 (Nancy) or 519.253-3000, ext. 3430—voice mail only

BPPOA is a registered charity:  
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