What’s new in your life?
Have you moved? Earned a promotion? Another degree? Or...?
Let us know so we can update our records and pass the word along to your classmates.

**Online:** www.uwindsor.ca/hr (please click on Newsletter/Online Forms)
**Mail to:** Newsletter Editor
Faculty of Human Kinetics
University of Windsor
401 Sunset Avenue
Windsor, ON N9B 3P4

**NEW HK BUILDING COMPLETE!**

**IMPORTANT - Please select one of the following:**

☐ I GIVE PERMISSION for this information to be printed in an upcoming Newsletter  ☐ I DO NOT GIVE PERMISSION for this information to be printed in an upcoming Newsletter.
If you would like more information, our Dean, Dr. Bob Boucher, or our Department Head, Dr. Wayne Mannix, would be more than happy to provide a guided tour of our new teaching and research facilities.

The last two years we have highlighted the evolving research culture in Kinesiology and the continued national and international recognition of our students and faculty. As you will read in this edition, this year is no exception. We continue to receive numerous honours for research at all levels and, in the case of our faculty, teaching contributions. It is with these achievements in mind that we include the Research Notes section written by our University of Windsor Research Leadership Chair, Dr. Dan Andrews. In this section you will learn of the new research labs and equipment that will not only benefit our students, but also enhance our ability to attract additional research funding. We hope you will see how our faculty and staff continue to go beyond the call of duty to foster a vibrant and innovative research culture in Kinesiology and Kinetics to continue to build on its growing reputation as a leader in teaching and research. That being said, we are always looking to improve. If you have suggestions, comments or feedback, please let us know. Remember, as Kinesiology alumni this will always be your newsletter. It is our hope that the contents will inform, inspire, and remind you of the passion that is found throughout our building each and every day.

On a personal note, as Editor, I remain honoured to be entrusted with the HK Newsletter. Of course, such an endeavour requires the assistance and continued support from others. I must, therefore, acknowledge the assistance of Diane Dupuis, Pat McTaggart, Cathy Greenwell, Sylvia Jimenez, Linda Barson, and others who helped with the publication of this edition. Finally, I would be remiss if I did not acknowledge all the faculty, staff, students, and you, our alumni, for your ongoing support and commitment to the Faculty of Human Kinetics.

We are all proud of the accomplishments found in this edition of the HK Newsletter and believe they truly reflect the vibrant culture that exists in the Faculty of Human Kinetics. We look forward to what 2009 and the future will bring, and invite you, as alumni, to share in that exciting future. Beyond supporting our activities, the first scheduled opportunity to share in this excitement is on Friday and Saturday, September 18th and 19th during the 2009 HK Alumni Weekend. Should you wish more information, send an E-Mail to hkalumni@uwindsor.ca.

New Beginnings

Scott G. Martyn

Newsletter

HK Alumni Weekend

Friday, Sept. 18
Honouring the Classes of 1969 & 1984

Saturday, Sept. 19
ALL HK Alumni

FREE DRAW Alumni Business Cards

Mail us your business card and you are automatically entered in a draw to win HK memorabilia.

CONGRATULATIONS to Shawn Eldridge (BHK ’01) who was the lucky winner of our draw!!
“Whatever you vividly imagine, ardently desire, sincerely believe, and enthusiastically act upon... must inevitably come to pass.”

Paul Meyer

Well, it has come to pass! By the time you are enjoying this year’s edition of the HK Newsletter, we will be moved into our newly renovated academic space. It has certainly been an eventful journey with faculty, students and staff living and working in a “construction zone” for the past year. Drywall dust, the pounding of jack hammers and the grinding sound of concrete drills are now in the past as everyone is enjoying “the new digs.”

While construction and renovation virtually preoccupied staff and administrators for two semesters, professors and students were busily engaged in the learning process. Classes were taught, theses were written and defended and research productivity continued to climb. A record number of students (65) made the Dean’s Honour Roll, research grants are at an all-time high and faculty publications set another record. Lancer teams continued to win important games and tournaments and several were ranked nationally. In short, aside from the obvious physical disruptions, the academic year was busy and most productive.

In other sections of this Newsletter, you will read about developments in each of our two Departments. Both Gord Grace (Athletics and Recreational Services) and Wayne Marino (Kinesiology) have much to brag about this past year with successful teams, new space, and progressive curriculum changes. Rather than list all of these accomplishments in this space, I want to extend my gratitude for the progressive leadership shown by each of these individuals. During two years of “budget realignments” and scarce resources in all Ontario universities, the Faculty of Human Kinetics has not only survived but flourished. Wayne and Gord have been very proactive in their approaches to solving problems and creating novel ways to maintain programs and services. It is also important to mention Patti Weir (Graduate Coordinator) and Dave Andrews (Research Chair) for providing invaluable service on the Kinesiology side. Athletics and Recreational Services rely heavily on Sandra Ondracka (Campus Recreation), Eric Vandenbroucke (Sport Marketing) and Mike Havey (Associate Athletic Director) to assist Gord in managing that Department. My 35 years of experience in this Faculty leads me to believe we have the best possible team in place as we look forward to the next decade.

At this point, I would be remiss if I did not mention the “glue that holds the Faculty together.” Students and visitors constantly remind us that we have the best secretarial staff on campus. We have known this for years, but it was brought to light recently by an international graduate student who said to me:

“The front office staff is fantastic. They are so helpful and caring. I don’t know what I’m going to do when I go home. I will miss them so much!”

That about says it all! So a tip of the hat to Shari Turcotte, Diane Dupuis, Linda Barson, Cathy Greenwell, Pat McTaggart and Sheila Daudlin.

Well, that’s all for now! Please stay tuned for Alumni Weekend 2009 news where, among other activities, we will provide guided tours of the “new HK Building.”

All the best!

Bob Boucher
Dean
Faculty of Human Kinetics
Greetings from the Department of Kinesiology

It seems like only yesterday that Jim Weese left the Faculty of Human Kinetics and a series of unpredictable events landed me back in the position of Department Head of Kinesiology. As my five year term draws to an end next summer, first let me say what an honour it has been to serve in this position again. I have been fortunate to work with a group of truly outstanding faculty and staff members who have consistently and enthusiastically supported my efforts to maintain and promote the Kinesiology “Family”. It is impossible to imagine a finer, more talented group. I also have to acknowledge the incomparable work of Dean Bob Boucher who has led the Faculty of Human Kinetics to new heights in facilities, programs, and enrolment. I am proud to have played a small part in what Kinesiology at the University of Windsor has become.

Our new curriculum was launched in Sept. 2008 and we have a large group of new students looking forward to choosing a major in one of Movement Science, Sport Management or Sport Studies. Graduates of Kinesiology continue to be highly qualified and in demand. Their success in entering post-graduate studies in a variety of fields continues to be amazing. We even had one of our graduates from June ’08 gain admission to the brand new University of Windsor medical school.

Kinesiology faculty continue to be impact players in a number of fields. Many of our current faculty members have major grant support from the tri-council funding agencies and are doing outstanding quality research work. They have been involved in a variety of functions on the national and international level. For example, in the past several months we have seen our Kinesiology colleagues organizing major international conferences, travelling to places like China to participate in Olympic research and coaching, travelling to Europe and Australia to participate in research and teaching projects, and presenting research papers world wide. I honestly believe that right now we have one of the very strongest Kinesiology faculties in Canada.

Along with our current strengths, we continue to grow. This year we have added several new faculty members who we are confident will continue the record of excellence in teaching, research and service that has been established here. The department welcomed Dr. Nadia Azar in Ergonomics, Dr. Sean Horton in Lifestyle Development, and Drs. Kevin Milne and Cheri McGowan in Exercise Physiology. All are outstanding in their respective fields and we are fortunate to have them with us.

On a sad note, we are losing one of our bright, young super stars this year. We all wish Dr. Janessa Drake all the best for success in her new academic appointment at another university.

The most exciting news, of course, is that our new building – actually a large addition to our current building – is nearing completion. Having had a chance to see the new facility a few times on “hard hat” tours with Dean Boucher, I can honestly say that I am amazed by the lay out, size, and quality of the new classrooms, labs, atrium, and student lounges. I am pretty sure that Dr. Boucher and I along with our colleagues in Kinesiology and Athletics must have a pretty good idea of how Drs. Galasso, Moriarty, and Hermiston must have felt 40 years ago as they eagerly awaited completion of their Human Kinetics Building. We will be slowly transitioning into the new sections starting in January but sometime in the not-too-distant future we will be holding a grand opening. This is a Human Kinetics project, initiated by Human Kinetics personnel, and paid for by the promised hard work of Kinesiology faculty dealing with increased enrolment. I sincerely hope that all HK alumni will have an opportunity to come to the grand opening or to visit sometime in the near future. This is your home too and just like any family member you will always be welcome here. We continue to value your support and with your help we will ensure that University of Windsor Kinesiology maintains its position as a nation wide leader in the field. All the best for success in the future. Please keep in touch with your HK and Kinesiology family.

Sincerely,
Wayne Marino
Professor and Department Head of Kinesiology
wmarino@uwindsor.ca
2008 Faculty of Human Kinetics’ Graduates

June 2008

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June 08 Convocation – Dr. Krista Chandler, Trista Hallman (MHK ’08), Diana Vincer (MHK ’08), Dr. Todd Loughead
**Truly an International Experience**

**Inge Derom (MHK ‘09)**
**International Student from Belgium**

Being an international student in Kinesiology is more than just taking classes. In March of 2009, Inga extended the boundaries of the classroom and went dog sledding in the Upper Peninsula. Although it was in Michigan, it felt like a true Canadian experience to her. She spent the night at the mushers’ house who had 35 Alaskan huskies. Allowed to ride the sled herself, she was dumped in the snow only once, which according to all accounts was really great! The dogs were amazing and although the temperature dropped to -26 Celsius at night, the sun was out the entire day; it couldn’t be better! Dog sledding isn’t the only thing she wanted to do while living in the “Maple Leaf Country”. She is currently traveling to Montreal, Quebec, New Brunswick, PEI and Nova Scotia and is loving every second of it!

**Bieke Gils (MHK ‘09)**

I am Bieke Gils (International Student from Belgium) and I enrolled in the Human Kinetics Master’s program of the University of Windsor in September 2007. With Dr. Scott Martyn as my supervisor, I studied women pilots in United States aviation sport and industry between 1920 and 1940. The primary sources were collected in the National Air and Space Archives of the Smithsonian Institution in Washington, D.C., where this picture is taken. One of the most outspoken and famous women pilots at the time was Amelia Earhart. In 1932, in her bright red Lockheed Vega monoplane (picture) she became the first woman pilot to successfully fly the Atlantic. She disappeared in 1937 during her attempt to fly around the world. I have recently finished my thesis, which has been an adventure and a great learning experience. Although I will go back to Belgium for the summer, my Canadian journey has not ended yet. In September 2009 I will start a Ph.D. at the University of British Columbia in Vancouver.

**Daryl Stephenson makes history, becomes CIS All-Time Leading Rusher**

On a rainy night on Alumni Field at the University of Windsor Stadium, Lancer star running back Daryl Stephenson made history as he emerged as Canadian University Football’s new all-time leading rusher.

The native of London and a MHK student working under the direction of Dr. Kenji Kenno in our Faculty of Human Kinetics rushed for 115 yards against the Guelph Gryphons on Saturday night to eclipse the previous record of 4,738 yards held by Dominic Zagari of Manitoba.

Daryl is also a two-time CIS All-Canadian, two-time CIS rushing champion, an OUA Football MVP and a finalist as the Canadian University Athlete of the Year in 2006. Stephenson is also the only player...
in CIS history to ever rush for 1,000 yards in three consecutive seasons.

Upon the conclusion of his career with the Lancers this season, Daryl also ranked 8th all-time in all-purpose touchdowns with 39 and 6th all-time in rushing touchdowns with 36.

"Daryl's career off the field is just as significant as his career on the field for the University of Windsor," states Coach Mike Morencie. "He has become the face of both the Department of Athletics and the school itself over his five year career. His ability to shine on and off the field is a testament to what someone can accomplish at our school. We are both proud and indebted to him for the combined athletic and academic legacy he leaves behind."

HK Book Awards honour exemplary high school students

Keeping involved has helped Danielle Gyemi develop many skills—especially time management.

Danielle, a senior at Walkerville Collegiate Institute, was one of 25 local high school students honoured at the annual Human Kinetics Book Awards on April 3rd.
in the newly developed Faculty of Human Kinetics complex. The award honours students who have achieved outstanding academic performance and made exceptional contributions to their schools and communities through athletics, leadership and volunteer activities.

In Danielle’s case, that has meant holding down grades averaging 95 percent while qualifying for provincial competition in badminton and javelin and being named an all-star player in basketball and volleyball. She also played tennis and soccer. In addition, she volunteered as an organizer for children’s sports leagues, for local charities, and on the stage crew for school theatrical productions.

She says juggling so many activities has helped her hone her time management skills. She plans to attend the University of Windsor this fall to study kinesiology, but her involvement won’t be limited to the classroom.

“I want to make sure I will be able to participate in everything,” says Gyemi.

The full list of 2009 HK Book Award winners is:

- Tishara Wijayanayaka, Academie Ste. Cecile International School
- Andrew Magri, Assumption College School
- Jessica Shepley, Belle River District High School
- Matthew Houlanahan, F.J. Brennan High School
- Michael DiGiovanni, Cardinal Carter Catholic Secondary School
- Miah-Marie Langlois, Catholic Cental High School
- Daniel (D.J.) Simard, Essex District High School
- Mahmoud Mohamed, J.L. Forster Secondary School
- Talya Tovar, General Amherst High School
- Justin Huffman, Harrow District High School
- Joel Archer, W.F. Herman Secondary School
- Laura Primeau, Holy Names High School
- Geoffrey Baran, Kennedy Collegiate Institute
- Daryan Branch, Kingsville District High School
- Jessica O’Kane, École Secondaire E.J. Lajeunesse
- Tori Barraco, Leamington District Secondary School
- Emily Simard, École Secondaire L’Essor
- Benjamin Ibrahim, Maranatha Christian Academy
- Krystal Goodwin, Vincent Massey Secondary School
- Dejan (Danny) Matijevic, Riverside Secondary School
- Christopher Anderi, St. Anne High School
- Stephanie Hebert, St. Joseph’s Catholic High School
- Quinn Vilneff, St. Thomas of Villanova Secondary School
- Andrew Carlone, Sandwich Secondary School
- Danielle Gyemi, Walkerville Collegiate Institute

**European students compare HK facilities**

Robb Serviss (far left in photo below) arranged a study tour of academic and social events for his students to help them develop an appreciation for the differences between European and Canadian approaches to sport.

“It was indeed a treat for us to host these young visitors, and to welcome Robb Serviss (BHK ’88) back to Windsor, even if just for a short while,” said Dean Bob Boucher.

While on campus Friday, the group toured athletic and recreation facilities

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*Dutch treat: Lancer hockey alumnus Robb Serviss (BHK ’88)—who now teaches at Alfa College in Groningen, Netherlands—led 10 of his fourth-year students on a tour of the University of Windsor’s Faculty of Human Kinetics building on March 28, 2008.*
and attended lectures by professors Scott Martyn and Jess Dixon. Athletics Director Gord Grace conducted a presentation on university sport, which is nonexistent in the Netherlands.

**Survey to Measure Influence of Islam on Athletic Wear**

Why do Muslim women participate in recreational sports at a lower rate than other North American women? One of our Kinesiology graduate students believes clothing may be a major factor, and will conduct a survey this summer to confirm his hunch.

Murad Shreim (current MHK) said many Muslims have difficulty finding appropriate clothing that allows for the freedom of movement to actively participate while still honouring their religious beliefs.

Under the supervision of Dr. Marijke Taks, he will survey more than 200 Muslims to determine how their varying levels of commitment to religion is related to other factors that influence their shopping behaviour for athletic apparel—such as price, brand, quality and fashion.

Ultimately, he says, the research could increase levels of participation and the overall health of people who may be disinclined to take part in sports because there’s no clothing to accommodate their religious convictions. He says it could also produce data that would help apparel manufacturers tap into an under-served market.

“There are about 8 million Muslims in the U.S.,” he says. “There are about 600,000 in Canada and they have purchasing power. They want to participate and they’re looking for brand, quality and fashion in clothing that acknowledges their religious obligations.”

Murad expects to wrap up the research this summer and defend his thesis in the fall.

**Dr. Wayne Marino was the Recipient of the 2008 Alumni Award for Distinguished Contributions to University Teaching Award**

This award recognizes excellence in all areas of teaching, including classroom presentation, curriculum development, versatility, teaching methods and student support. One of the last professors to favour “a chalk and blackboard” presentation format, Dr. Wayne Marino has taught Statistics and Sport Biomechanics in our Faculty since 1976. Wayne received overwhelming support from both undergraduate and graduate alums who wrote recommendations on his behalf.

Alumni Association president Jeff Flacks (BHK ’96) said that Dr. Marino possesses the qualities that students most appreciate in an advisor at the undergraduate and graduate levels: a true leader, a strong mentor and an outstanding human being. Wayne’s colleagues recognize him for his contributions to the development of both the undergraduate and graduate curriculums, including the faculty’s internship program. The only one of its kind in Ontario, it draws a number of highly-qualified graduate students.

Congratulations Wayne, a well deserved honour!
**Co-op Student Profile**

**Phill McKeen, Kinesiology Co-op Student**

Phill McKeen is a third year Kinesiology student who has completed two Co-op work terms. His first placement was at General Dynamics Land Systems Canada (GDLS-C; London, Ontario) and his second placement was at Smith Physiotherapy (Windsor). After completing the two placements, Phill has solidified his interest in pursuing a career in physiotherapy. Phill is a strong advocate of the co-op program and believes the practical experience gained on placement helped determine his career aspirations.

While working at GDLS-C, he was involved in the ergonomics division. His responsibilities involved performing ergonomic assessments within the factory as well as the office, physical demands analysis, research on low back disorders and a variety other ergonomic tasks. Phill believes this experience helped to strengthen his professional communication skills as he worked closely with engineers, human resources specialists, plant workers and ergonomic specialists. Additionally, his research on the spine helped to shape his current understanding of back injury mechanisms, which became quite valuable at his second placement.

Smith Physiotherapy was Phill’s most recent placement and his responsibilities involved helping patients work through their rehabilitative exercises, applying modalities such as heat, ice, interferential current and muscle stimulator as well as maintaining order and cleanliness within the clinic. Before this placement, Phill could only imagine what it would be like to work as a physiotherapist, but this experience allowed him to experience it first hand.

Phill has one more placement to complete and he has his sights set on another physiotherapy experience. Not only has co-op pointed him in the right direction, but it has also allowed him to start building his resume with actual workplace experience.

**Windsor Spitfires Internship Placement**

The Department of Kinesiology had six undergraduate Leisure and Sport Management fourth year students completing an undergraduate internship this year with the Memorial Cup Champion Windsor Spitfires Organization. The internship was highly involved with game day operations and in game promotions. During each shift at the newly built WFCU Centre, these interns worked closely with team management, media, and other personnel to ensure spectators enjoyed a well organized and successful event. The Windsor Spitfire organization provided an excellent work experience and was eager to share their vast knowledge of the sport sector with each of our students. The interns were extremely pleased with how helpful the organization was at addressing any concerns they may have had during their time with the organization. The overall experience was enhanced this year as the Windsor Spitfires were serious Memorial Cup contenders throughout the season and the team hosted the 2009 OHL All-Star Classic. These interns were thrilled that they were a part of both of these remarkable events.

According to the interns, these experiences provided many advantages both academically and personally. With a strong curriculum at the undergraduate level involving many sport business classes, they had a wealth of knowledge to offer. This experience allowed the interns to directly apply the knowledge and theories learned in the class room to the work environment. This experience has allowed these interns to network, gain valuable experience, and solidify their desire to work in the sport industry.

After every game the interns felt they had achieved a new level of confidence in themselves and attain the necessary skills to be successful in the work force. These interns would recommend that every undergraduate student take the opportunity to participate in an internship placement, and experience possible career interests and just possibly become part of another championship team. This experience can provide you with practical methods of learning, meanwhile making valuable contacts within the business setting.

(L-R) Nick Earnshaw, Jaime Laframboise, Courtney Keenleyside-Richter, Suzanne Morand, Darren Swartz, and Tom Archer.
Advancing Kinesiology - Making a Difference

While your financial support of our initiatives remains a crucial priority, we are encouraged by the commitment from the University of Windsor and the Board of Governors to reinvest in our program. The addition and renovation of 62,400 square feet of space across two floors is just the beginning. By providing “state of the art” facilities, our students, faculty, and staff will have access to an environment that will foster a love of learning and discovery, generate discussion and an exchange of new ideas. We are committed to providing all the necessary physical resources and materials required for success.

As the Department of Kinesiology embarks on its voyage with a renewed sense of enthusiasm, it is an opportune time to acknowledge that many triumphs were a direct result of countless acts of generosity from individuals just like you. We could not have achieved our ambitions without the support of our invaluable alumni and friends. Yet, we must continue to build on our success and momentum to ensure that “HK” takes its place among the top public teaching and research programs in the world. We look forward to what the future will bring, and we invite you, as our alumni and friends, to share in that future by making a financial contribution to these exciting new developments!

Please take a moment to consider how you can contribute to the Department of Kinesiology. Our program is dedicated to finding the most efficient, personally advantageous method for each donor to make his or her gift. If you are considering a financial contribution beyond that identified below, please contact Dr. Bob Boucher, Dean, at (519) 253-3000 ext. 5106 or by E-mail at bouche4@uwindsor.ca.

If you would like to help Advance Kinesiology please complete and return this form in the envelope provided.

| Name: ___________________________ | Mailing Address: ___________________________ |
| Phone Number: ( ) — | Postal Code: ___________________________ |
| I will donate: □ $100 □ $250 □ $500 □ Other ________ | Please accept in honour of □, in memory of □: |
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| □ Kinesiology Scholarships | Charitable Registration #: 10816 2611 RR0001 |
| □ Kinesiology Alumni Weekend | Receipts will be issued for income tax purposes. |
| □ Kinesiology Outdoor Recreation Trip | Call (519) 253-3000 ext. 5106 for more information. |
| □ Other ____________________________________________________________________ | |
Research Notes

At the time of writing, I am energized by the fact that in a few short months new research labs will be complete and ready for use on the second floor of the HK expansion building. In light of this, I thought you might enjoy a brief description of these state-of-the-art research facilities and the equipment we hope to fill the spaces with. In addition to the labs designated for research, there is a very large lab in the new building that was specifically designed for the new undergraduate lab courses that are now part of the undergraduate curriculum in the Movement Science stream. Having separate laboratory facilities for teaching and research is arguably one of the most important features of the building expansion project in my eyes, as it will ensure that teaching lab experiences occur without interrupting the research activities of faculty and graduate students. This alone will positively influence research productivity in a way that few others things can.

Exercise Physiology Lab

A two room facility, the new exercise physiology lab will be the home for Drs. Kenno, McGowan and Milne and their students. The lab boasts high ceilings and a change room that participants of research experiments can use. Luxurious cabinetry and counter space will adorn the lab as will a new fume hood and chemical storage units. Spacious open areas in the rooms will enable the use of exercise equipment such as treadmills and stationary bikes. A pocket door will be installed between the rooms to facilitate easy collaboration. The physiology laboratory area in the old building will hopefully be renovated in the near future to provide additional research and graduate student space for the program.

Biomechanics/Ergonomics Lab

The new motor behaviour lab was constructed from parts of the old ergonomics lab and lecture room 201. Sharing this space will be Drs. Horton, McNevin and Weir. They designed their lab to allow easy collaboration via a pocket door within the adjoining wall. A force platform will occupy this shared space, as will a number of other pieces of equipment aimed at the study of motor behaviour and growth and development. A steel grid will extend across the ceiling of the lab, to which a motion capture system, safety harness system or lighting could be attached. This arrangement is common to a number of labs in the new building.

Motor Behaviour Lab

Tissue Lab

A dedicated room for tissue preparations was designed to accommodate the research needs of a number of faculty in the department. Stainless steel counters and a moveable dissection table/island will be several key features of the room. Space in the room is also available for equipment such as a material testing machine and a portable x-ray unit, which may be targeted for acquisition in future grant applications.

Multipurpose Research Labs

The biomechanics and ergonomics laboratory also boasts high ceilings and a change room for participants. Designed as a shared space between Drs. Andrews, Azar, and Cort, it will provide maximum flexibility for a wide variety of research projects. Three pits in the floor have been designed to accept several sizes of force platforms to enable gait and running analyses. A custom apparatus built into the exterior wall will provide a rigid surface against which a variety of human impact scenarios can occur. Similar to all the new and renovated labs, the biomechanics and ergonomics lab will be outfitted with race-track electrical outlets around the perimeter walls and pull-down retractable outlets from the ceiling. The lab will be equipped with EMG, force platforms, accelerometers, electrogoniometers, and a variety of other force transducers. Several custom jigs will also be used for studying whole body and upper extremity ergonomics.

In the expansion plans, rooms 202 and 212 have been renovated, and an adjoining door will be added between them. These rooms have become a multipurpose research space that can be booked by anyone in the department that needs access for data collection purposes. It is hoped that the rooms will be outfitted with a force platform and a motion capture system for general use. Portable data collection equipment will be able to be booked and moved between labs to provide maximum flexibility for research at all levels.

The space formerly occupied by Dr. Kenno on the second floor has been reassigned and will become a new sport and leisure research centre for our students. Along with a collection of computers, Drs. Martyn and Taks will be relocating some of their research equipment and resources now strewn throughout the building to this renovated space. The centre's purpose will be to encourage, generate, and disseminate scholarship on a broad range of social and cultural themes related to the study of sport and leisure.

It is also important to note at this time that Drs. Loughead and Chandler have indicated that they will apply for a large Canadian Foundation for Innovation (CFI) grant to fund the renovation costs of a new Exercise and Sport Psychology Lab, as well as supply some exciting research equipment for this space. A decision on the funding for this timely and well received initiative will be made by the spring of 2010. This development would follow nicely time-wise with the additional renovations occurring in the labs that will be completed in Phase II of the expansion project.

I hope that this short description excites you as much as it does me about the future of research in Kinesiology. The new labs and the infusion of state-of-the-art equipment will translate into immeasurable opportunity for all of us. With pride, I invite you to come and visit the new research facilities in person at your earliest convenience. We would be very happy to see you all.

Sincerely yours in research,

David Andrews
Research Leadership Chair, Faculty of Human Kinetics

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Tennille Harrison has a much better understanding of how research can solve real-world problems, thanks to a program that pays students to work out business dilemmas. Under the guidance of Dr. David Andrews, the master’s student worked for Pinnacle Rehabilitation examining how posture contributes to work-related injuries in highly efficient auto assembly plants.

“The real value came with the job analysis she was able to do,” says Ritch Coughlin (BHK ’86), president of the Tecumseh-based company which helps injured workers get back to their jobs. “It was work that needed to be done and she did a really great job.” Harrison surveyed almost 60 workers to determine the nature of their injuries and made recommendations for employers to fix their jobs to reduce injuries. Harrison was working through MITACS (Mathematics of Information Technology and Complex Systems) ACCELERATE Ontario, a program which connects graduate students and post-doctoral fellows with companies and agencies for four- eight- and 12-month internships. Interns’ time is divided between on-site assessment at the participating company and the University, where students help develop approaches to resolving the company’s or agency’s challenges.

The partner company contributes $7,500, which is matched by the program through a $16.89 million funding arrangement from the Ministry of Training, Colleges and Universities and support from the federal government. Grant money is administered by a supervising professor, with interns receiving at least $10,000. The remainder of the funding may be used for lab and computer equipment or travel expenses.

Another Kinesiology participant, under the guidance of Dr. Victoria Paraschak, evaluated the success of an outdoor education program that motivates students to stay in high school for the Windsor-Essex Catholic District School Board and the Greater Essex County District School Board.

MITACS (Mathematics of Information Technology and Complex Systems) is one of Canada’s Networks of Centres of Excellence, a funding body supporting research ideas and new technology to further Canada’s competitive edge.
Dave Andrews

The banging, drilling, grinding and vibration that has been going on right outside my office “windows” tells Dave that major changes have been going on in the “Tin Box” since the last newsletter. The fact that his “windows” are now completely covered over confirms my suspicions. No complaints though...the sweet sounds of progress are a small thing to endure in order to get the new classrooms and research labs that are long overdue. What an amazing transformation! In addition to construction watching, and recovering from the strike, Dave has been busy as usual. One of the highlights of 2008 was the North American Congress of Biomechanics (NACOB) in Ann Arbor Michigan, a joint meeting of the American Society of Biomechanics (ASB) and the Canadian Society for Biomechanics (CSB). After more than 18 months of planning, NACOB 2008 was a huge success. As a co-chair, Dave helped to plan the conference and organize a sizable scientific program. In the end, 832 faculty and students from 19 different countries registered, and submitted nearly 600 papers. More than 560 oral and poster presentations were made over 4 days in August. Windsor had a great showing at the Congress with several faculty members and graduate students in attendance. On the home front, the old house continues to benefit from renovating hands. A new driveway went in this year, with plans to finish a sitting and BBQ area in the spring. The winter plan is to move ahead with the stair repair and refinishing on the inside... lots of stairs to climb in a 3 story! Trish completed her studies at the Faculty of Education in the spring of 2008 and is now trying to crack into the very limited supply pool while doing various jobs at the kids’ school.

Nadia Azar

The past year has been a busy one for Nadia and her family...at least; they call it “busy” – family and friends tend to refer to it as “crazy”! After a few years away, Nadia couldn’t be happier to be back with the HK family full-time; this time, on the faculty side of the house. Since returning to HK last January, Nadia has taught three courses – one of which she developed as a new course (Pathophysiology of Pain). She has also been hard at work completing her Ph.D. dissertation which she defended in time to convocate in May 2009. Over the summer she presented at the North American Congress on Biomechanics (Ann Arbor, MI) and at the XVIIth Congress of the International Society of Electrophysiology and Kinesiology (Niagara Falls, ON); and had a manuscript accepted for publication in the Journal of Electromyography and Kinesiology. With the completion of the new addition to the HK building (including a new biomechanics/ergonomics lab!) and a handful of undergraduate students lined up to complete independent studies over the Summer 2009 semester, Nadia is looking forward to getting her research program underway. On the home front, Dory and Nadia sold their home and moved in with Nadia’s parents for the duration of the construction of their new home (thanks, Mom & Dad!). It’s been an exciting and stressful process, but it’s been worth the effort and they hope to be settled in by the end of January. Dory is nearing completion of his internship for Architectural Registration, and has recently written his last registration exam. On top of starting a new job, finishing a Ph.D., trying to achieve Architectural Registration, selling one home and building another, Dory and Nadia are the proud parents of an active, inquisitive, and just plain delightful two year-old daughter, Ellis. Although balancing work and student lives with parenthood has been a challenge at times, it’s been a great adventure so far and they are looking forward to all that the coming year will bring.

Bob Boucher

This was an unusual year for our current Dean with Bob spending a great deal of time with the details of the new building. It was not uncommon to see him in a hard hat covered in dust, after one of his many inspection visits.

Bob was very active with Professors Taks, Holman, Martyn, Dixon and Grginov in completing research on a $100,000 SSHRC Grant. The research involved interviewing ten National Sport Organizations across Canada to determine the relationship between organizational culture and grass roots participation.

In the Fall, Bob again travelled to Holland to lecture at Johan Cruyff University. In May, he was the keynote speaker at the 10th anniversary conference of the Sport Management Institute in Groningen, Holland.

With the twin granddaughters now five, it was time to introduce the ladies to golf. Christmas week on Sanibel Island proved to be the ideal time to try out new clubs from Grandpa.

Krista Chandler

Krista officially finished her sabbatical, which she enjoyed very much. While on sabbatical, she was able to begin some new research projects and finish some ones that had been taking a back seat to other academic duties. She continues to work on her SSHRC grant with colleagues from the University of Western Ontario and the University of Alberta. She has recently submitted another SSHRC grant with a colleague from UWO and also a CFI with colleague, Todd Loughead. This September, Krista was part of Team Canada at the 2008 Beijing Paralympics. She was the sport psychology consultant for the National Swim and Boccia teams. It was a fantastic experience and certainly an honor to be part of such a great team. Krista has attended several conferences since the Spring 2008, most recently SCAPPS in Canmore, Alberta. Krista, her husband Bryce, and her three graduate students had a wonderful time attending the conference and hiking the mountains.

Jess Dixon

“Another one bites the dust!” That’s how Jess described his second year as a faculty member in Human Kinetics. Now into his third year with the Faculty, Jess has been busy teaching a number of courses within the undergraduate Sport Management
major, including Strategic Planning of Sport Events, Sport Finance, and two sections of Principles of Sport Management. Besides teaching, Jess remains active in the research area, making considerable progress on a number of independent and collaborative research projects. As part of this process, Jess travelled to Toronto to present at the 2008 NASSM Conference, to Calgary and Ottawa to conduct site visits and interviews with representatives from various Canadian National Sport Organizations, and to Kansas City to work with a colleague on two different projects.

Jess enjoyed another summer on the links where he fine-tuned his golf game. Besides golf, Jess also enjoyed spending his summer evenings on the slo-pitch diamonds where he played on two separate teams; one of which was a co-ed recreational team that included fellow HKers Dave Andrews, Todd Loughead, Janessa Drake, Patti Weir, Scott Martyn, Sean Horton, and Chad Sutherland (see photo on p. 18). A terrific time was had by all, and although we were unsuccessful in claiming the championship this season, we’re optimistic about next year...but then, he is also optimistic about the Maple Leafs!

Janessa Drake

Janessa came to the Faculty in 2007 and specializes in Occupational Biomechanics. At Windsor she has taught at the undergraduate level (Ergonomics and Injury Prevention, Biomechanics of Injury Mechanisms) and at the graduate level (Signal processing, Instrumentation, and Modelling in Kinesiology, and Applied Biomechanics of Human Movement). These course options complement Janessa’s research which is focused on understanding the acute and time varying responses to complex loading of the spine, associated injury mechanisms, and resulting pain pathways due to combined motion/loading exposures. To gain this understanding Janessa uses both in-vivo and in-vitro biomechanical testing approaches. Currently, she is working on completing research funded by the Workplace Safety and Insurance Board of Ontario (WSIB): Centre of Research Excellence for the Prevention of Musculoskeletal Disorders (CRE-MSD) on quantifying spinal loading and mechanics in industrial tasks considering the effects of load magnitude, gender, and coupled postures. Research quantifying the spine’s responses to these exposures is crucial to the understanding of exposure tolerance modification and injury prediction, thus contributing to the establishment of injury prevention guidelines, as well as improving existing treatment and rehabilitation approaches. Also, she has begun quantifying the effects that unstable load location (at feet or hands) has on muscle activation, spine loading, and 3D motion patterns during common strength-training exercises. Sadly, Janessa and her husband Scott are moving to Toronto in June 2009 where Janessa will be joining the faculty at York University.

Marge Holman

The fall semester was both interesting and challenging. Marge, along with Vicki Paraschak served as picket captain during the faculty strike. This is an experience on the CV that both would have preferred to delete. However, the conflict was resolved and we returned to another term, challenging the students in the classroom and keeping a research program going at the same time. In the latter category, Marge is in the final stages of a study completed in local elementary schools on body based harassment of girls. Plans are to duplicate this study on a larger scale over the next several months that will include boys in the population. She also continues to work on the development of a local organization called Leadership Advancement for Women in Sport (LAWs). Some of you may be contacted in the next 12 months to contribute to this project. Marge again worked with local secondary schools to host the fourth ‘Girls In Motion’ workshop here in St. Denis Centre for grade ten girls and is currently organizing a leadership workshop for senior female athletes. Spring plans include returning to the water with a Dragon Boat team while also working with the communities of Windsor, LaSalle and Kingsville to bring dragon boat racing to the general population. A successful grant application for a Dragon Boat Canada legacy boat has made this possible by adding to the complement of dragon boats in Windsor Essex County.

Sean Horton

Sean is approaching his one-year anniversary at the University of Windsor. Time here has been very busy, but extremely enjoyable as he gets to know all the other faculty and staff in the department. In addition to scrambling to get lectures prepared, the bulk of his time has been spent editing a book (with Dr. Weir) on Masters Athletes that is due to be published in 2009. This book pulls together experts from around the world, each writing chapters in their own area of expertise. Topics range from physiological performance, to skill maintenance, to the various psycho-social factors that older athletes face, and indeed we all face eventually as we move through life’s stages. The book reflects his extensive interests in this area, and Sean has just received funding to attend the World Master’s Games in a research capacity, which takes place in Sydney, Australia in 2009.

Spare time is scarce, but is more often than not spent on the squash court. In fact, Sean introduced 28 U of W students to the sport in a fall PTA class. The amount of ‘squash potential’ amongst the students in that class was impressive.

2009 promises to be a memorable year, particularly as construction finishes and we move into new classrooms and labs.... exciting times at the University.

Kenji Kenno

Kenji reports that Sara graduated with a Master’s Degree in Civil Engineering and is currently pursuing her Ph.D. in Civil Engineering at the University of Windsor. Staci is currently completing her Masters degree in Accounting at Queen’s University and will be starting her PhD in Managerial Accounting at Queen’s in the fall. Kristen is currently enrolled in her 3rd year in the Concurrent Education/ECE program here at the University of Windsor and works part time for Parks and Recreation. She really enjoys working with the children during her placements. Claire is teaching at Southwood Public School in the Kindergarten class and hopes to get back into the Library next year. Kenji continues to teach and is very excited about the collaborative research opportunities brought to the kinesiology program by the addition of two great Exercise Physiologists, Drs. Kevin Milne and Cheri McGowan and the opening of our new exercise physiology facility.

Marliese Kimmerle

Marliese Kimmerle is enjoying retirement by getting more involved in community theatre. In spring that was a role in M.A.S.H., and in the fall, “Lend me a Tenor” both with Theatre Windsor; and a part in a Christmas Oratorio for Assumption University. Professionally she is still involved in the International Dance Medicine and Science Association, presenting at their annual conference in Cleveland in October, being a member of their education committee and an editor of their Teacher’s Supplement. She is looking forward to cruising the Mediterranean, Italian coast and Greek islands in the spring. Keeping contact with HK, she’s teaching PTA of Dance in winter semester.

Todd Loughead

The past year has been a busy one for Todd. On the conference front, Todd attended and presented at conferences in Canmore, Alberta, Niagara Falls, and St. Louis. On a professional note, Todd received two special honours from the university: University of Windsor Award for Excellence in Research, Scholarship and Creative Activity—Junior Category, and Faculty of Human Kinetics Dean’s Special Recognition Award. He also enjoyed teaching his group dynamics course. As well, he had is pleased to have had the opportunity to teach exercise psychology and applied sport psychology courses for the first time in several years. It is always gratifying to see graduate students complete the requirements for their MHK. This past year saw Andrée Castonguay, Diana Vincer, and Ashleigh Baker successfully defend their respective theses. Consequently with the departure of these graduate students saw graduate students complete the requirements for their MHK. This past year saw Andrée Castonguay, Diana Vincer, and Ashleigh Baker successfully defend their respective theses. Consequently with the departure of these graduate students saw Andrée Castonguay, Diana Vincer, and Ashleigh Baker successfully defend their respective theses. Consequently with the departure of these graduate students saw Andrée Castonguay, Diana Vincer, and Ashleigh Baker successfully defend their respective theses.

Scott Martyn

With his sabbatical now concluded, Scott is hoping to maintain much of the international travel he enjoyed this past year. Following presentations in Toronto and Lake Placid, N.Y., he collaborated with colleagues and present papers at various conferences in Canada, the United States, Cuba, and Europe. He was also able to continue his research trips New York and Lausanne, Switzerland. In May, in his first year as an Executive Board of the North American Society for Sport History, he and three of his graduate students presented papers at the organization’s annual conference in Lake Placid, N.Y. Scott continued work on his SSHRC grant with colleagues from Wilfrid Laurier University and the University of Western Ontario, which included an advanced software training course in Washington. This also provided...
n opportunity to tour the Vancouver 2010 Olympic Winter Games offices and event facilities. As a co-applicant, he continued working with colleague Marijke Taks on her SSHRC grant and another SSHRC grant with colleagues Bob Boucher, Marijke Taks, Marge Holman, Jess Dixon and Vasco Girginov from Brunel in the U.K. Scott has resumed many of his professional duties at the University, including various Senate committees and the ongoing HK Expansion Committee. As Chief Editor, he continued to oversee the publishing and distribution of the International Sports Studies journal. Scott and colleagues have almost completed their new book focusing on the Salt Lake City Olympics Bid Scandal mentioned in his previous update. One highlight of the past year was his activities associated with the Beijing Olympic Games. Spending more than a month in China prior to the Olympic Games, he presented a number of papers, lectured at a Chinese university, and conducted over 100 media interviews. Scott also enjoyed attending the Games themselves. The top highlight, however, was the birth of his and Rebecca’s first child in February.

Cheri McGowan

Cheri is a new addition to the Department of Kinesiology, as she joined the Faculty of Human Kinetics in January 2009 following the completion of her postdoctoral fellowship in the Division of Cardiology, at the University Health Network and Mt. Sinai Hospitals, University of Toronto. She, her husband Blake, and their new baby daughter Anne are looking forward to exploring the city of Windsor, and becoming part of their new community. Cheri comes to the University of Windsor with extensive experience in applied exercise and cardiovascular physiology through her research work in healthy and diseased (hypertension, coronary artery disease, heart failure, pulmonary artery hypertension) populations, and exercise rehabilitation. Cheri has been, and hopes to continue to be, directly involved with numerous community-based rehabilitation programs. Over the past decade, Cheri has shared her knowledge teaching students, physicians and patients in the community. Currently, she is keeping busy teaching Exercise Physiology and the Scientific Basis of Conditioning at the University of Windsor. Cheri was funded by the Heart and Stroke Foundation of Canada for her doctoral (McMaster University) and postdoctoral work, and is currently involved, as a co-investigator, in two studies funded by the Heart and Stroke Foundation and the Canadian Institutes of Health Research with her colleagues in Toronto. Cheri is very much looking forward to establishing a productive research laboratory here at the University of Windsor, with her colleagues Drs. Kenji Kenno and Kevin Milne.

Nancy McNevin

Nancy McNevin served her final year on the Academic Senate and Academic Integrity committees. She will be teaching the new graduate statistics course she developed for the MHK program this coming Fall, and is putting the finishing touches on a new undergraduate course, “Dynamics of Skill Acquisition” she will submit to Program Development for approval. In addition to teach, Nancy has begun data collection for her study examining motor output cohesion, which will examine the relationship between manual hand and eye tracking behaviour under attentional focus instructions. The study is the first in a series of projects that will form the basis of a NSERC grant application.

In collaboration with researchers from Wayne State University and St. Louis University Hospital, Nancy was a co-author on two presentations at the American Physical Therapy Assoc (Combined Sections). The first presentation, in collaboration with Drs. Dunleavy and Moed was a case study examining EMG and gait outcomes following a post acetabular fracture intervention. The second presentation, in collaboration with Dr. Goldberg at Wayne Statue University, reported the preliminary findings of a longitudinal study examining the gait and balance changes of patients diagnosed with Charcot-Marie Tooth Syndrome (CMT). She was also an invited speaker at the Ontario Kinesiology Association, where she presented the results of her attentional focus research. Joining Nancy as master’s student advisees are Jocy Kunju and Agnes Szczeniak. Her current master’s advisee, Stefan Lambrecht successfully defended his thesis proposal, and is busy collecting data in anticipation of a Fall defence.

In her spare time Nancy plays Rock Band II, where she has managed to reach Expert, and still logs into Age of Conan to complain about the nerfs (she misses her ToS terribly). She is also involved in a major home reno, but due to her limited expertise in sawing and hammering, she has elected to hire professionals.

Alan Metcalfe

Still in the corner office 10 years into “retirement”. Alan has had a fascinating year—a wonderful two week holiday in the Greek Isles, a sport history conference in Lake Placid, a drive to Victoria, B.C. Then back via the wonderful Oregon Coast and across the northern states - not on Inter States. It was magnificent. Then a trip to England with a presentation at the British Sport History Conference. Then visits to friends in England. He would like all to know that he is still active. Two Conference presentation, two chapters in books and halfway through a manuscript on Sport and the Nature of Canada, 1919-1939. Two book reviews. Alan still lives and more frequently dies with his team—Sunderland. He enjoys spending time with his three grand-children. Alan reports that he is extremely lucky to be in the midst of a wonderful group of young and not so young faculty members. They treat him very well and words cannot really express his thanks to them. Of course twice a month the Old F____ts Club—Fracas Eaves, Olafson and Metcalfe meet at the Kildare House to quaff some beer and solve all the problems of the Department, Faculty, University and indeed society.

Kevin Milne

Kevin is the newest faculty member to join the HK team. He has spent the last semester adjusting to life as a full-time professor and has enjoyed and is thankful
Laura Misener

It has been a busy year and half for Laura. Shortly after joining the faculty in July 2007, she successfully defended her PhD from the University of Alberta in August 2007! She taught her first graduate course in the fall 2007 and then went off on maternity leave in February 2008. Alexander Devon Osinski was born February 27th, 2008! She taught her first graduate course after exercise of various intensities.

Research Grant, a publication in the Journal of Sport Management, began supervising her first graduate student, and kept up with committee work with south-western Ontario’s new physical activity strategy in motion. Laura officially returned to work in December 2008 and now her husband ‘Oz’ is taking a paternity leave from his work at University of Western Ontario to be a full time stay at home dad for four months—it should be an exciting time. Laura and her family are enjoying the continual labour of love on their house in Chatham, and are excited about the bouldering (climbing) wall that is nearing completion in the newly built garage. Laura continues to be actively involved in gymnastics as a National judge and is looking forward to helping out with this year’s Canadian Championships being held in Hamilton, ON.

Richard Moriarty

Dick reports that he is in a new office in HK, #119, also known as “Shady Acres” for retired HK Professors. Despite the move he would want everyone to know his new accommodations are very nice. Please stop in and see him if you are in the building. You may want to stop in to see the lovely new quarters including classrooms, offices, labs, etc.

This is a time of anniversaries for him. In September 2008, Dick and Mary travelled to Rochester for a 60th year reunion of his grade school, namely Holy Family. In October he enjoyed the 40th year reunion of Lancer Football and the unveiling of the Gina Fracas Wall of Fame in Windsor. Dick would like all who attended to know that it was great to see you! Also, Dick and Mary and celebrated their 50th wedding anniversary this past January, which proves that time travels quickly, when you are having fun!

Vicky Paraschak

In February, Vicky was busy co-facilitating the first National Aboriginal Women’s Sport Symposium (with Janice Forsyth from the University of Manitoba), and they are now working on a long term project to help strengthen Aboriginal Women’s participation in sport in Canada. She had another great start to the fall school term with a successful outdoor recreation course—all 56 participants! It had been a busy August as well writing a grant that has provided Lynn Campbell, one of her grad students, with a paid internship with both the Public and Separate High School Boards working on the “students of promise” outdoor camps we helped run in October/November. Lynn will also be creating evaluation measures (from Board records, and through interviews) that will help assess how well the “at risk” high school students are succeeding in school and personally as they participate in this program, which uses the outdoors to help bring out their leadership and resilience skills. She reports that they had 50 volunteer HK mentors involved this fall, and many of them will continue working with the students over the winter on follow up activities that further the students’ growth. So this has been a great way for outdoor recreation students to give back to the community. Vicky taught the urban outdoor recreation course this fall as well, and those students also helped out with this “service learning”—where students learn while contributing to the community at the same time. It’s a lot of work for everyone involved, but what a wonderful way for HK students to help out high school students in our local area. Once again, thanks to any Kinesiology alumni who are directing their University of Windsor donations to the outdoor recreation
program—as costs continue to rise, your donations help keep this course going at a fee that is accessible to undergrad students. She hopes everyone is making time in their life to enjoy being outside and active—a great way to spend the next year!

**Michael A. Salter**

Over the past year, Mike has continued to work under contract at Lambton College as the Coordinator of College-University Partnerships. In this capacity, he has facilitated the development of partnered-programs with the universities of Windsor, Brock, Waterloo and UWO, while two other partnerships are in the making with McMaster and Algoma universities. This is an exciting challenge with the Province actively promoting a more seamless movement of post-secondary students across the college/university system.

At the University of Windsor, Mike moved into his second year as the Director of the Centre for Inter-Faculty Programs. The Centre runs programs in Forensic Science, Forensics & Criminology, Arts & Science, and Environmental Studies. The opportunity to work closely again with top-drawer undergraduates is one he truly appreciates.

More recently, Mike was asked to assume the position of Acting Vice-President, University Advancement at the University of Windsor. He will occupy this office until such time as the search committee makes a permanent appointment.

In-and-around the above, Mike serves as the resource person for a Senate sub-committee developing an Internationalization Policy for the university - and he remains a member of the Board of Directors of the Ontario Problem Gambling Research Centre. He attended an international conference in Tallinn (Estonia) last summer and was able to visit Finland and the other Baltic countries while there. And he recently returned from a month in South Africa and Namibia liaising with research colleagues.

Holidays in Cancun, Guadeloupe and Cabo San Lucas, along with a slew of sailing regattas around the Great Lakes and Florida have topped off the year.

**Chad Sutherland**

It is hard to believe, but Chad is entering his 5th year at the University of Windsor. With the first phase of the expansion complete, Chad has finally landed on the main floor with an office in the new building. Chad is currently teaching his new Introduction to Health & Wellness course to all first year HK students, which has been a very exciting experience. The Co-op program is still moving along smoothly despite the current economic issues. Internship students are still providing a lot of service in the community and representing our department very well. On the research side, Chad and Dr. Drake are currently examining muscle activation and movement patterns when completing a squat and bench press exercise using an unstable surface or an unstable device. Chad is still working as the strength and conditioning coach for the women’s volleyball team and is currently helping the men’s program with some fitness testing. On a personal note, Chad enjoyed a west coast tour this year, which included various stops between Calgary and Vancouver and is also excited to be moving into his new house in Tecumseh.

**Marijke Taks**

After a year of a great sabbatical experience in 2007/2008, Marijke returned back to the work place in the summer of 2008, ready for a fresh start. The fall semester was quite hectic due to the strike. It has been a difficult semester for students and faculty alike. She states that it felt as if we were trying to ‘catch up’ all the time, but in the end, we were all able to finalize the term to the best of our ability, and looking forward to a fresh start in January. The most important change that is about to happen for her is the fact that she moved in her new office… with a window...!!! This is what she has missed the most since her arrival here in 2001. The office is located in the new building, and she indicates that it was worthwhile waiting for, because in her opinion, it is the most beautiful window office in the whole building! Teaching and research are going well, sometimes Marijke just wished there were more hours in a day…. Walter, Adinda, Lisa, Rik and Blinker are doing great!

**Patti Weir**

Patti reports that she continued to focus on her duties as our Graduate Coordinator. Having attended the 40th Anniversary of SCAPPs (Canadian Society for Psychomotor Learning and Sport Psychology) in Canmore in November, she fondly recalls seeing many former Windsor people. Included among those were ‘B’ Leavitt, Sandy Romanow, Tim Lee, Matt Heath, Jae Patterson, Phil Sullivan, and Wendy Rodgers.
Lancer standouts Dranadia Roc, Jamie Adjetey-Nelson and Greg Surmacz walked away with the year’s top prizes as they were awarded the Banner and Olympic Shields, respectively as the University of Windsor Athletes of the Year. The trio were multiple winners as part of the Evening of Excellence, highlighting the accomplishments of the Windsor Lancers, held at the St. Clair Centre for the Arts in early April.

Adjetey-Nelson and Surmacz, both fifth year athletes, were co-winners of the Olympic Shield as Male Athletes of the Year, while Women’s Basketball’s Roc was honoured with the Banner Shield as the Female Athlete of the Year for the second straight season.

The special evening featured a number of major highlights including the retirement of Lancer Football star running back Daryl Stephenson’s #24. Darl, a native of London, Ontario completed one of the greatest careers in CIS Football history as he captured the Hec Crighton Trophy as Canadian Player of the Year in 2006, was a two-time CIS All-Canadian and the first player ever to rush for 1,000 yards in three straight seasons.

Daryl made history again this season as he broke the most prestigious record in CIS Sport, the CIS All-Time Rushing Record, finishing his career with 5,163 rushing yards.

The Department of Athletics also unveiled the Richard Peddie Award during this year’s Athletic Banquet in April, named in honour of Richard Peddie, President and CEO of Maple Leaf Sports and Entertainment. Richard Peddie, who is a University of Windsor alumnus and loyal Lancer supporter, was on hand to present the inaugural award of excellence to Dennis Fairall, Head Coach of the Lancer Track and Field Team.

Dennis Fairall had another amazing season in Track and Field as he proved once again why is considered to be one of the greatest coaches in CIS history. His Lancer Track and Field teams made history this season as they completed the first ever national championship sweep at home. For his career now, Coach Fairall has captured a staggering 20 CIS National Championship titles, ranking him as one of the most decorated coaches in collegiate sports history.

In other major award news, the DeMarco Awards, presented annually to the top female and male students that best combine academic achievement with athletic prowess, went to Lancer Track & Field’s Ben Warnock and Noelle Montcalm.

The Gino Fracas Coach of the Year Award also had co-winners, and was shared by Chantal Vallee, Head Coach of the Women’s Basketball team and Brett Lumley, Assistant Head Coach of the Track & Field team.

Vallee, in her fourth season in the CIS, led the Lancers to an incredible season as they finished the year with a 21-1 record and captured their first ever OUA Provincial Championship. They also earned a berth in the CIS National Championship Tournament – also a program first.

Brett, who coaches with the Lancer Track and Field team, led his jumpers to one of the most impressive seasons in CIS history. As the coach for such athletes as Jamie Adjetey-Nelson, Derek Watkins and Jaideene Lowe, it was his guidance and expertise that helped these three athletes earn provincial and national awards this season. At Nationals this year, Lumley’s Lancer Men finished 1st through 5th in the Men’s Long Jump, a historic finish never before duplicated in CIS Track and Field history.

The female rookie of the year award went to Track & Field’s Jaideene Lowe, while Sam Malian from Lancer Football won the male rookie of the year. Both recipients had outstanding rookie campaigns and are expected to enjoy great careers here at the University of Windsor.

“’A’ Awards, marking major contributions to Lancer Athletics went Dr. Wayne Marino, Department Head in the Faculty of Human Kinetics, Charlene Yates in the Registrars’ office and Tim Brunet from the University’s Student Recruitment Office.
The evening, featuring over 100 awards being presented, caps off a very successful season for the Lancers. The gala ended on a high note with the showing of the annual “Blue and Gold” video. The video highlighted all the Lancers’ great moments during the past season, with an unbelievable response coming from all the student-athletes in attendance.

**Lumley receives Petro Canada Coaching Excellence Award**

Lancer Track and Field Assistant Head Coach Brett Lumley has been named a recipient of a 2008 Petro Canada Coaching Excellent Award, as announced by the Coaching Association of Canada.

The awards were presented during Petro-Canada Sport Leadership sportif 2008, in Calgary, AB, November 7-9, 2008. The Sport Leadership Awards Ceremony took place on Friday, November 7, 2008, at 7:00 pm at the Calgary Telus Convention Centre.

This year, these prestigious awards recognize coaches whose athletes won medals at the 2008 Olympic Games, the 2008 Paralympic Games, the 2007 Special Olympics World Summer Games, and at various world championships.

“With a conference theme of ‘Executing Excellence,’ what better way to honour our coaches than with the Petro-Canada Coaching Excellence Awards,” says Steven Keith, Director of Olympic and Community Partnerships, Petro-Canada. “This year has been very successful and we are proud to recognize Canada’s coaches for their tremendous contribution to sport.”

Coach Lumley guided Stephanie Reid to a bronze medal at the Paralympic Games in the Women’s 200m this past August in Beijing, China. Reid clocked a Canadian record of 28.85 seconds for her first career Paralympic medal.

“Being recognized with this award is a great reflection of Stephanie’s success and the hard work that was put in over the last year,” commented Lumley. “Thank you to the sponsor Petro Canada for honouring me with this award.”

**Lancers honour 51 Academic All-Canadians**

The University of Windsor’s Vice-President of Academic, Prof. Neil Gold and the Windsor Lancers honoured 51 Lancer varsity student-athletes at a luncheon in November for their selection as Academic All-Canadians.

From the perspective of University Athletics, the Academic All-Canadian is the highest form of honour bestowed by the Canadian University Sport. The accomplishment of excellence in both academics and athletics epitomizes what Canadian University athletics stands for.

The Lancers are proud to have record number 51 student-athletes names as Academic All-Canadians – based upon achieving a minimum of 80% or a 10.5 GPA over full-time fall/winter studies while also competing as a varsity athlete. The Faculty of Human Kinetics was well represented with 15 student-athletes. They include: Marissa Bozzetto, Brian Daniel, Darl Edwards, Joshua Edwards, Lindsay Manning, Amanda Milliquet, Justin Nolan, Eduardo Paraungao, Steve Paterson, Erika Reiser, Phil Robson, John Sasso, Kevin Savard, Ryan Steer, Andrew Sulyok.

Rose LaPonder (Equipment Technician, St. Denis Centre) and Sheila Daudlin (St. Denis Centre Administrative Assistant) were recognized for 25 Years of Service with the University at a reception in May 2008. Congratulations to both.
Several months ago, Mr. Peter Powell, Athletics and Recreational Services, announced his desire to retire as of December 31, 2008. The Department of Kinesiology would like to join with Peter in celebrating his retirement.

Peter joined the University of Windsor, October 16, 1976 as the Facilities Manager in the Faculty of Human Kinetics. Since that time, he has served our faculty and staff extremely well as our Facilities Coordinator. His contributions and organizational skills continue to have an enduring and positive impact on the delivery of programs throughout our building.

On behalf of all faculty and staff in the Division of Athletics and Recreational Services and the Department of Kinesiology, we would like to thank Mr. Peter Powell for his persistent commitment to keeping the Faculty of Human Kinetics’ mission at the forefront.

We are confident the University of Windsor community will join us in extending best wishes to Peter for a well-deserved happy and healthy retirement.
Alumni Sports Hall of Fame adds five members

The Alumni Association of the University of Windsor was proud to welcome five new members into the Alumni Sports Hall of Fame at the 23rd annual induction ceremony held September 14th.

An audience of about nearly 250 alumni, friends and family were in attendance at the reception to honour and recognize the outstanding achievements of four in the athlete category and one as an administrator/builder/coach.

Each recipient noted how proud they were to have competed for the Lancers and how proud they are to call the University of Windsor their alma mater.

As Tim Ryan (BHK 1987) said, “I am already dressing my kids in blue and gold. If I have anything to say about it, they will be coming here for university.”

The 2008 Alumni Sports Hall of Fame inductees include:

DON BROWN (BA 1969), who was inducted into the Administrator/Builder/Coach category. Brown has been involved with the Lancer basketball and football programs for over 40 years.

Beginning his involvement as a volunteer, he worked the gate at old St. Denis Hall. In 1974, he became the chief of the crew, running much of the games operations. Brown was also a founding member of the Annual High School Basketball Tournament.

MISSY (McCleary) FIORINO (BA 1997, BEd 1998), who was inducted into the Athlete category. Missy competed in track and field and cross country from 1994 to 1998. She received the Banner Shield as the university’s top female athlete in 1998.

Named MVP of the Lancer cross country team four consecutive times, Fiorino led the Lancers to their first national team title in 1995 with a gold medal finish and was named CIS MVP.

JIM LYNN (BA 1978), was inducted into the Athlete category. Jim played football from 1974 to 1978. He was three times named an OQIF all-star, was a CIAU all-star in 1978, and helped the Lancers to a share of the 1975 OUAA championship.

JIM won the Bruno Bitkowski Memorial Trophy as top lineman in the CIAU in 1973-74, and following graduation was drafted by the Ottawa Roughriders.

RICK PICKERSGILL (BA 1988), who was inducted into the Athlete category. Rick played on the Lancer men’s hockey team from 1984 to 1988. During that time, he accumulated more points (173) and assists (116) than any other right-winger in Lancer history, and his points total remains second overall in Lancer individual scoring.

In 1986-87 the Lancers recorded their first playoff victory. The following season they won their first divisional championship, and Pickersgill was named a provincial first-team all-star.

TIM LYNN (BA 1987), was inducted into the Athlete category. Tim was a middle-distance specialist for the Lancer track team. He was named the Olympic Shield Award winner as the university’s top male athlete in both 1985 and 1986.

He established 15 school records during his time as a Lancer: three each in the 600m, 1000m, 4x400m relay and 4x800m relay; one each in 4x200m relay; 600 yds and 880 yds.

Lancer track coach Dennis Fairall (centre) congratulates Hall of Fame inductees Missy Fiorino and Tim Ryan.
Our Growing Olympic Connection

HK RESEARCHER REVIEWS OLYMPIC FACILITIES

The 2008 Olympic Games will go down as one of the best-organized events in the history of sport, but there was something decidedly lacking in the atmosphere, according to one of our Kinesiology researchers.

“They were very controlled, right up until the very end,” said kinesiology professor Scott Martyn, who watched the closing ceremonies from the comfort of his living room after having spent 31 days in Beijing conducting research on the Games.

“The physical venues were absolutely marvellous, but the games were just lacking in spontaneity,” he said. “They didn’t have the free-wheeling joy of gathering and celebration that was present at so many other games I’ve attended. That is something London has said they’re going to work on for the Olympic Games in 2012.”

Dr. Martyn left for Beijing in mid-July and remained for about a month, meeting with academics and organizers, presenting at various conferences, lecturing to Chinese students, and still found the time to take in a few events such as boxing, basketball, field hockey, handball, swimming and weightlifting. An expert in the politicization and commercialization of the games, he conducted close to 50 television and radio media interviews while he was there with the CBC, the BBC, the CCTV (the Chinese national network) as well as numerous print outlets.

Other than the facilities, two of the things that impressed Scott most were the visibility of security officials at virtually every event and the significant number of people assigned to help.

“One of the things that astonished me was the sheer number of volunteers they had,” Scott said. “In Athens and Sydney there were no more than 46,000 volunteers. In China they had 400,000. And they were all so eager to help.”

He saw former U.S. Secretary of State Henry Kissinger making his way up the stairs at the 600-year-old Temple of Heaven, met with Canadian lawyer and former World Anti-Doping Agency president Dick Pound and tiptoed around a few awkward questions about why Canadian Prime Minister Stephen Harper didn’t attend the games.

Scott returned to China in December where he met with international members of a five-person research team that’s working on a three-part book series related to the Olympics. He will be writing and editing several chapters for the series. Never one to relax, he was also able to conduct a post-Games tour the Olympic facilities and deliver a lecture at the Capitol Institute of Physical Education in Beijing.

KINESIOLOGY PROF JOINED PARALYMPIANS AT BEIJING GAMES

Dr. Krista Chandler was in Beijing to help disabled Canadian boccia players prepare for the XIIIth Paralympic Games, to be held which were held September 6 to 17, 2008. Krista worked as the team’s sports psychology consultant. “I assist athletes with the mental aspect of their game,” Dr. Chandler says. “I provide them with the necessary mental tools to perform at their best.” Approximately 4,000 paralympic athletes competed in the games, with more than 150 representing Canada. Many of the athletes to whom Krista provided services had cerebral palsy, brain injuries or other non-progressive conditions. All used wheelchairs. Krista was not allowed to interact with the athletes during a match, but assisted before and after events with the use of imagery and help in developing a pre-shot routine, as well as calming athletes’ nerves. “As the competition gets tougher and tougher, the anxiety really builds,”
she said. She has been working with the team since 2005 and has travelled to the Paralympic world championships in Rio de Janeiro in 2006 and to its world cup in Vancouver in 2007. She performs the same duties for the Canadian paralympic swim team and travelled with that group to the Paralympic Pan-Am Games in 2007. Last year’s Canadian boccia team has several medal contenders, including Vancouver’s Paul Gauthier, who won gold in Athens in 2004.

**Report from Beijing**

I am sitting in one of the ultra modern super centres that houses the Lenovo internet lab and lounge at the XIIIth Paralympic Games in Beijing, China. As I scan the room there are a few Chinese athletes playing some video games behind me thoroughly enjoying themselves... as if the weight of a nation has been lifted from their shoulders. I don’t know which of the Chinese athletes they are, perhaps they are one of the 89 gold medalists, perhaps Beijing is their home town and they are two of 990,000 persons with a disabilities that live in this city of 16 million that has opened its doors to the world. I do know this much though. I do know that despite all of the pre-Olympic concerns with the weather, traffic, political unrest, nothing was going to stop these games from being a huge success!

In talking to a number of coaches from other countries and the Canadian mission staff, these games legitimized the arrival of the Paralympic Games as a Major sporting spectacle. At the track, audiences averaging over 75,000 strong cheered on all athletes often saving the loudest cheer for the last athlete to cross the line. One of the most surreal moments that I have ever experienced came at these games in 2004. As I was wandering toward the Temple of Heaven and came across a few thousand people watching the race.

Heading into the temple of heaven, I then witnessed hundreds of Beijing’s elderly performing Tai Chi, playing badminton, paddleball and even games of kick bag, it was a remarkable show of social recreation, not a show but life at its finest.

As I sit here, a commercial showing a visually impaired Chinese long jumper is on the television, the Chinese organizers have really legitimized the games with their advertising campaigns. Never in my life did I think that I would see skyscraper sized banners with images of athletes with physical disabilities.

The 2008 Beijing Paralympic Games will hold a special place in my heart in that they symbolize another benchmark for the Paralympic Movement. Knowing how the games have evolved and seeing that a larger number of countries are participating and medaling means a greater reach for the movement around the world.

The post Beijing Era has begun, it has been a crazy four years since Athens, now what? Excited? I am!

‘She She’ China, ‘She She’

David Greig (BHK ’01, MHK ’06)
Canadian Team
2008 Beijing Paralympic Games
The Classes of 1982 and 1983 – 25 years later!

Janice (Braithwaite) Kominek, Class of 1983

This year’s University of Windsor Homecoming was especially memorable for the H.K. graduates of 1982 and 1983. It’s been 25 years since the class of 1983 received their Honours degree in Human Kinetics and 26 years for the class of 1982. Given that the class of 1982 didn’t get together last year, we celebrated the reunion of both undergraduate groups. Based on the class composite photos that still hang on the walls of the HK building, it looks like our class was the smallest that has ever earned their H.K. degree from Windsor (what we lacked in quantity, we made up for in quality!). So it was great to have the class of 1982 celebrate with us and boost our numbers! Back then, we had many classes together, so it was great to catch up with everyone.

It was especially fitting for my husband, Bill (’82) and I (’83) to be able to share this weekend with both sets of classmates. On Friday night we all caught up with each other at the Dominion House. What amazed me was that after 25 years, everybody pretty much still looked the same—well maybe an extra wrinkle or a gray hair or two. We all picked up where we left off all those years ago, telling stories of our most memorable classes, professors and parties. Okay, John Wolfe, I must apologize to you, I didn’t recognize you until later—by then you had already left!

It was great to see some of our profs. Dr. Wayne Marino, made biomechanics easy to understand. Dr. Bob Boucher, I’ve always considered to be my mentor. Bill and I credit Dr. Salter for bringing us together—we met on the Outdoor Recreation trip. It was a nice opportunity to let them know we all turned out okay, and talk to them about how their teachings have influenced our careers.

On Saturday, we toured the H.K. building. Twenty-five years ago the field house was “new”. While it was comforting to see the familiar classrooms with the same desks we sat in (although I think they’ve shrunk??!!), it was exciting to hear about the classroom changes planned and the tremendous growth the program has seen over the years. Another familiar face, Dr. Moriarty also greeted us along with some of the “newer” faculty members. As Dr. Boucher took us on our tour of the facility, we ran into our old friend, Dr. Gino Fracas as he was being interviewed by the CBC regarding the dedication of the Gino Fracas Hall of Fame (and managed to get ourselves briefly on the evening news!). Congratulations Gino on this well deserved recognition!

Unbelievably, Peter Powell was still behind the desk of the field house, formerly “the cage.” We walked past the old dance studio (okay so Pam Johnson remembers it as a weight training room) and were amazed by the size of the new “Forge” fitness centre. Later in the afternoon, we returned to the “new” St. Denis Centre for the dedication of the new Alumni Field turf. Many of us recalled the “old” St. Denis Centre and its familiar dead spots on the floor that always surprised the visiting basketball teams. The St. Denis Centre is a world class centre, that has played host to the Junior Pan-Am Games and more recently the 2008 Olympic indoor track qualifier. The addition of the new turf will elevate the Windsor facility to include a world class outdoor facility. The only thing missing? A 50-metre pool! Perhaps the next 25 years...

Although the weather forced our barbeque indoors and we sat through the pouring rain as our football team was soundly defeated by Guelph, Daryl Stevenson became the all-time rushing leader (and we have the bobble heads to prove it!) and our spirits weren’t dampened in the least. We moved our celebrations into Faces, had some dinner and a few drinks and continued to tell stories and catch up with each other.

Many of us now have children in university. Based on our experience in Windsor, we’ve advised our children to get involved in their school, stay close to their classmates and get to know their profs. The friendships they develop will last a lifetime, and their profs will be their best contacts in developing their careers. Their university “family” will always be there to support them. The years have been kind to the classes of ’82 and ’83. It felt great to come “home” to Windsor. Let’s not wait another 25 years to get us all together again. See you at Homecoming 2009!

See you at Homecoming 2009!
Alumni Updates

Wayne Curtin (BHK '68) passed away December 14, 2008 following a lengthy battle with cancer. Wayne taught locally at Massey and Forster Secondary Schools. He retired as Vice-Principal of Western Secondary in 2001, and commenced part-time employment as a clerk with the Supreme Court. Wayne’s passion was basketball, both playing and coaching. He assisted Coach Havey with our own Lancer team for many years, and was very supportive in many ways with a sense of humour that brightened everyone’s day. He will certainly be missed.

Denis Landry (BPHE '71) retired in June 2006 from the Ottawa-Carleton District School Board as Principal of Henry Larsen Elementary School. Unfortunately, after superb health all his life, he was diagnosed with anaplastic meningioma. As this is a recurrent condition, he has been subjected to five craniotomies since June 2004. His retirement has not been the way he planned, and as of April 2008, more surgery is planned.

Edward Patrick John (MPE '72) passed away in April 2008 at the age of 79. Patrick was employed for the Singapore Ministry of Education for thirty-six years.

Judy Stapleton (BHK '73) passed away unexpectedly February 13, 2009 in Kingsville, Ontario. Judy was a retired teacher and taught at Western Secondary School for 30 years.

Warren Kennedy (BHK '77), a self described “life-long learner”, assumed the position as Director of the Greater Essex District School Board, commencing March 2009. Warren has been employed at every level of the education system, from elementary teacher to senior board administrator, serving most recently as superintendent of education at the Lambton-Kent Public School Board. Warren states he has never been far, physically or emotionally, from Windsor and Essex County and welcomes the opportunity to return to the area.

Martin Ritsma (BHK '81) former Crusader basketball player was elected the President of OFSAA (Ontario Federation of School Athletic Association) in September 2008, serving a two year term. He stated he was both honoured and excited about serving as OFSAA President as it is the longest-standing form of student success in Ontario. Martin is currently the principal of F.E. Madill Secondary School in Wingham, and has been heavily involved in all aspects of school sport at the local, regional and provincial levels. He also shows a strong level of dedication to his community, sitting on various boards and committees of charitable organizations. In 2006, he was named Citizen of the Year in his hometown of Stratford.

Martin Ritsma
Karen Haveman (BHK ’82) E-mailed a brief update. Since graduation from the Faculty of Education in 1983, she has been teaching JK, helping husband Frank and raising four children, in eastern Ontario, just down the road from the Trent River. Karen continues to enjoy running 15 km per week and working out daily at a fitness club which she confesses to be a big part of her life.

Sue Novosad (BHK ’82), former Lancer basketball star, is now the Director of Management Services at the Canadian Food Inspections Agency. She commented that was an especially busy year, given the recent listeriosis scare.

Sue Williams (BHK ’85) (MHK ’88) Assistant Director of the Windsor Teen Health Centre, returned to the Board of Directors of the Alumni Association for the first of three (two-year) terms. She served as a director on the Alumni Board from 1997-2002, and is a former chair of the Public Affairs Committee.

Patricia (Pat) Smyth-Lauzon (BHK ’86) passed away this past August. Patricia was only 45 years of age and taught in the Chatham school system for over twenty years.

David Legg (MHK ’93) is a visiting researcher at Deakin University, Melbourne Australia, working with Dr. Shilbury and Dr. Kellett on a variety of projects. The main thrust of his research is on the legacy of hosting the Paralympic Games, having collected research from 1988 Games in Seoul and the 2000 Sydney games. David is also working with faculty from UBC on the Legacy of the Games in 2010, and will be attending the Games as the Vice-President of the Canadian Paralympic Committee. David and wife Julie and their three sons, ages 8, 6 and 3, are residing 5 minutes from the beach, thoroughly enjoying the experience. David further comments that they have the good fortune of enjoying the spoils of the world’s greatest sport city, including tickets to Aussie Rules Football, the Melbourne Cup, the Australian Open and the Boxing Day cricket test match.

Michelle Colley (BHK ’95) emailed recent news concerning the past few years. Michelle earned her law degree from the University of Alberta, following her BHK in Windsor. She articled and practiced in Edmonton for a few years, before assuming a position with Borden Ladner Gervais in Calgary in the litigation department. Michelle eventually commenced a position with Stones Carbert Waite law firm and is presently enjoying a maternity leave, following the birth of their daughter, Taylor Emma.

Rafael Cooper (BHK ’94, MHK ’97) reports that he accepted a position at the The Thunder Bay District Health Unit acting as the Health Promotion Planner for the Infectious Disease Program. Robin mentioned that she plans the health promotion campaign for the vaccine programs; environmental health, including food safety. Robin is enjoying living in the city, hiking and kayaking when time permits.

Refine Fitness Studio was named the 2009 Winner for “Best New Business” from the Windsor Essex Regional Chamber of Commerce. Owned and operated by Mike Bates BHK ’95, MBA ’04, his fitness facility was created as a smaller, more personalized club geared towards adults and busy professionals. The full service club offers general memberships and Personal Training as well as specialty weight loss programs, Boot camps, Pilates, Yoga, Spinning and a variety of small group training programs.

Refine has had a positive impact in the community, receiving an award from Hospice for raising the most money for their annual Subway Cardio Challenge as well as making contributions to the Aids Committee of Windsor, Windsor Symphony, The Alzheimer’s Association and various local school fundraisers including a $500 scholarship at the University of Windsor.

Larry Brun (BHK ’96) and his invention were featured on the CBC reality show Dragons’ Den, where it was revealed he got a $200,000 deal to make and sell his workout invention called the Attitude. Larry is a certified strength and conditioning trainer once known in...
the World Wrestling circuit. Attitube is an exercise device designed for strength and endurance training; a long tube filled with water that gives a new twist to weight lifting because it requires stability in the upper body to keep the water level during the workout.

Jeff Flacks (BHK ’96), president of the Alumni Association board of directors, shows a sample of the Prestige XM turf to Lancer football alumni Arjei Franklin (BHK ’05) and Brian Jones; both now play in the Canadian Football League.


James Allen (BHK ’97, MHK ’00) enjoyed a parental leave with youngest son Nathan during the early part of 2008. He is currently employed in Vancouver as a Senior Advisor for the 2010 Olympic and Paralympic Winter Games Federal Secretariat. James’ wife, Jordynn, is a Windsor graduate as well and is teaching at Crofton House School. They are enjoying a busy family life with sons Gavin and Nathan.

Tina Gelinas (BHK ’98) forwarded an update for the newsletter. She is teaching Special Education at Assumption High School and coaching cross country and track and field at the present time. She is married to Tom Gelinas and has two children, Jack, born in 2006, and Kate, born in 2008.

Jenny Roffel (BHK ’98) is happy to report that she and her husband, Brian, celebrated the birth of twin girls, Jaelyn and Ava on February 9, 2008. She currently returned to her position as curriculum leader in health & physical education at Tilbury District High School.

Derek (Dex) Schroeder (BHK ’98) in his first year at the helm of the Bulldog volleyball program at Samford University in Birmingham Alabama. Dex led his team to a 28-5 record, the best record in the twenty-one years of the programs existence. He also led the Bulldogs on a twelve match win streak, the longest since 1991 when the Bulldogs won eight straight. Dex and his wife, Pam Huston (BHK ’97, MHK ’99), are thoroughly enjoying the warm weather and the beautiful landscaping in Alabama. Pam is employed as the Executive Director of A la Carte Events. Pam reports a very busy winter planning the NBA Players Association Gala in Phoenix, Arizona this past February, the Black Enterprise Magazine of Power Summit in Orlando Florida, and partnered association with other event companies in several states across the United States.

Tracy (McDonald) Irish (BHK ’00) reports that following graduation she earned a Bachelor of Education degree in 2002, and married in the same year. Tracy was employed at the Director of Activities at a retirement residence in Winnipeg for a year and is currently enjoy-
ing a rewarding career as a student success teacher. Tracy and husband Mike are expecting their first child in July 2009.

**Dave Greig (BHK '01, MHK '06)** attended the Paralympic Games in Beijing, September 6-17, 2008, coaching six track and field athletes. Dave mentioned his two main roles were managing a challenging training regime and keeping the athletes focused on race day. Dave began coaching ten years ago while studying sports management at the University of Windsor, citing he has turned his love of track and field into a career promoting disabled sports. During his university career, he competed for the Lancers in the 600 metre indoor and 400 metre hurdles. This past October, Dave, Coach of the Windsor Bulldogs Track and Field team, was nominated and attended the 2008 WESPY Awards at the Caboto Club, Windsor. It was a very busy year for Dave to say the least, but a most productive one too. Dave has been appointed to the position of Para-Athletics National Talent Development Coach at Athletics Canada in March 2009. Dave, as the National Talent Development Coach, is tasked with the overall direction, design and delivery of Athletics Canada’s Para-Athletics development program. Martin Goulet, Athletics Canada Chief High Performance Officer, stated that Dave represents the next generation, welcoming him aboard with a great deal of enthusiasm. Athletics Canada is the national governing body for the sport of track and field, including cross-country, road running and road racing. Its purpose is to provide leadership, development and competition to ensure sustainable podium performances. Dave is excited to join the dynamic and progressive team at Athletics Canada, and will take great pride in the responsibility of monitoring and developing Canada’s rising stars into 2012 and beyond.

**Rob Hemington (MHK '02)** noted he is now the Account Manager for Oracle Canada in Mississauga.

**Bruce MacAllister (MHK '02)** changed positions from Combat Baseball to the Royal Canadian Mint as a Marketing Program Manager. He reports that it is a totally different atmosphere and environment, but a great challenge. One of the key projects they are worked on (May 2008) was a huge display at the Olympic Games in Beijing, which will lead into the Vancouver 2010 Games. They have not received an invite to attend the Olympics, as of May 2008, but there is availability, so Bruce is hopeful to receive an invitation. He is presently working with the IOC, VANOC, BOGOC, and internally there has been many discussions about the Olympics, the history and sociology behind them, reminding him of Dr. Martyn’s Olympic sport history course.

**Christy Calder (BHK '03, MHK '07)** visited the Faculty this past January and shared update on her new position as an ergonomist at the Mayo Clinic in Rochester, Minnesota.

**Aaron Lowe (BHK '03, MHK '07) and Megan Wing (MA Psychology '04, MA Psychology '08)** received their 2007 Odyssey Awards at an Alumni reception held in Vancouver this past June. Also, in attendance was George Short (MPE '73) and wife Margaret. Aaron is serving as director of high performance for B.C. Skate Canada and Megan is a coach with the program. Podium finishers at every Canadian championship from 1997-2006, both Aaron and Megan felt it was time for a change when they announced their retirement as competitive skaters in April, 2006.

**Kanika Russell (BHK '03)** visited the department this past October and provided this brief update concerning life upon graduation in 2003. Kanika returned to Toronto following graduation and attended school in 2005, achieving the ECG/Holter Technician certificate. She subsequently gained employment at Toronto Rehabilitation Institute as a cardiac rehabilitation case manager in 2007. She graciously thanked Dr. Kenno and Janice Funkenhauser for all their support during her years in our faculty.

**Joel Cort (MHK '04) and Christina (Godin) Cort (MHK '06)** moved to Ann Arbor Michigan in July 2008,
celebrating their marriage on August 23, 2008 in Windsor, joined by their family and friends, many of whom were fellow Windsor graduates. Christina is currently working in the Research and Development group for the Human Simulation Software division of Siemens PLM, where she is putting her MHK degree to work! Joel is finishing up his Ph.D. degree at McMaster University and has accepted a faculty position in ergonomics in our Faculty.

Laura (Boghean) Ginter (BHK '04) married Jared Ginter (BHK '04, MHK '08) on October 3, 2008. Jared and Laura are now residing in Surrey, BC. where Jared is employed as the Athletic Facilities Manager at the School of Human Kinetics, Trinity Western University in Langley, BC. Jared also volunteers with AIA teaching young children the rules of basketball, while still playing hockey and basketball. Laura is working as a kinesiologist at Dynamic Rehabilitation, focusing on in-community rehabilitation for complex motor vehicle accident cases. In Laura’s “spare” time she reports she is learning about her new surroundings and looking forward to the coming Olympic Winter Games, noting they are trying to access a few tickets for this great event!

Matt Golob (BHK '04, MHK '08) was selected as one of the student entrepreneur finalists for the National Student Entrepreneur competition hosted by ACE. This is a prestigious award to receive as hundreds of individuals throughout the province are nominated for this award. This competition is open to full-time students at Canadian universities or colleges who are simultaneously operating their own businesses. To be eligible for the award, students and their businesses must meet the following criteria:

- Be a full-time undergraduate and/or graduate student at a Canadian university or college for the 2008-09 academic year.
- Be a founder and have at least 50% ownership of the company and be responsible for its operation.
- Have been in business for at least the past six months.
- Have not competed in the final round of the National Student Entrepreneur Competition in the past.

Matt initiated Body Advantage – Health and Fitness Solutions in 2005 as Director of Operations working as a Wellness Coach and Kinesiologist while in the sports management program. As Director and Founder of Body Advantage and Personal Trainer, Matt encourages his clients to reconnect with their inner child. Matt mentions that as adults we have forgotten to play and connect to the outdoors. Matt has launched a Troop Training fitness program that takes advantage of the outdoors, using no equipment, other than frisbees, jumping ropes and inflatable toys. Troop training targets people who are working or near retirement and starting to enjoy life with more leisure time.

Matt has taken on another challenge this past January by accepting an offer from the University of Ottawa to pursue a Ph.D. degree in the areas of Population Health and Human Kinetics. His research focus will be on the development of operational partnerships between commercial fitness providers and community agencies serving new immigrant women. Consequently, his aspiration is to utilize his business to conduct some of the research and therefore give back to the community.

Matt promises to keep us up to date with further developments concerning studies and the business, commenting he is proud to be a Windsor alumni and very grateful for continued support from faculty and staff.

Laura & Jared Ginter
Matt Golob
Bert Meulders (MHK '04) reports that he is working on his Ph.D. involving governance arrangements for development around the 2010 FIFA World Cup in South
Africa. He is employed as an academic assistant at the Faculty of Kinesiology and Rehabilitation Sciences at the University of Leuven in Belgium.

**Sarah (Bowsher) Oman (BHK ’05)** was married on May 23, 2009 at Beach Grove to Aaron Oman. Sarah is currently a Registered Massage Therapist with the Lesperance Massage Therapy Clinic on Lesperance Road in Tecumseh.

**Rob Dalley (BHK ’05)** and former Lancer quarterback stopped in to see us at the Toronto recruiting fair. He is the principal of St. Francis of Assisi Elementary School in Cambridge, Ontario.


**Arjei Franklin (BHK ’05)** inked a two-year extension with the Winnipeg Bombers through February 2010. Arjei has been one of the top Canadian finds for the Blue Bombers since the club selected him in the third round. Further, despite missing time due to injury, Franklin still hauled in 36 passes for 452 yards through only 10 games in 2007. Prior to his pro career, Arjei was two-time all Canadian in 2004 and 2005 and the all-time leading receiver in Lancers history. He also earned his Bachelor of Education Degree in 2006 and teaches in the off-season. Arjei is married to **Afia (Fordjour) Franklin (BHK ’06)** and the couple reside in the Windsor area.

**Gabe Lee (MHK ’05)** completed his Bachelor of Education at the University of Toronto in the spring of 2008.

**Kevin Rajaratnam (BHK ’05)** graduated in fall 2007 from McMaster University, Master of Science Occupational Therapy program. He reports that he is employed in the private sector, primarily in the area of musculoskeletal injuries and acquired brain injuries related to motor vehicle accidents. Kevin also worked in the community through the Community Care Access Center in the geriatrics practice area. He noted that his future goal is to establish his own disability management company providing professional medical assessments.

**Christina Bear (BHK ’06)** graduated from McMaster University with a Master of Science Degree in Physiotherapy. Tina received the BHK Movement Science with distinction and was named an Academic All Canadian as a member of the Women’s OUA Championship Volleyball team. Tina is employed as a Physiotherapist at St. Joseph’s Hospital in Hamilton Ontario.

**Sabrina Notarangelo (BHK ’06)** is brakeman in the Canada 3 sled with pilot Lisa Szabon of Nanton, Alberta. The duo finished 13th in a World Cup event this past January in St. Moritz, Switzerland. They also achieved ninth-place finish in a World Cup race in Altenberg, Germany in December 2008. Sabrina mentioned the sudden climb up the steep learning curve of her new sport has her thinking of Vancouver 2010, citing bobsleigh competition is similar to long jump.

**Matt Devin (MHK ’06)** was recently named the new head coach of the men’s basketball for St. Clair College Saints where he has been an assistant coach for the last four years. Matt landed an internship in the athletic department at Duke while working on his Masters in the area of marketing and promotions and was highly recommended for the position of head coach by Mike Krzyzewski, Duke’s coach. Matt has been working as a financial advisor since he graduated.
Matt Bennett (MHK ’07) is working at Senators Sports & Entertainment in Ottawa, assuming a new role as the Assistant General Manager for the Bell Capital Cup.

Tala Bessette (MHK ’07) reports she is a Testing Coordinator at the Ethics and Anti-Doping Services at the Canadian Center for Ethics in Sport. She is enjoying life in Ottawa, jogging daily and exploring her new surroundings.

Jeffrey Davie (BHK ’07) from Harriston, Ontario passed away on November 16, 2008 at the age of 24, complications of a brain tumour. Jeff was the son of Douglas and Sharon Davie and brother of Krista.

Laura Mallat (BHK ’07) reports she is employed as a Kinesiologist / Trainer at Wave Exercise & Nutrition in Vaughan, Ontario. Laura was on board when the first Wave centre opened in Windsor in 2007. She mentions her experience working at this location developing policies and procedures surrounding vibration exercises led her to her new position in Vaughan. The move has provided her with the opportunity to gain more knowledge within the vibration exercise field, working with clients of various fitness backgrounds and afflictions.

Joe Siddall (BHK ’07) ended his baseball career in 2000 while playing with Boston’s Class AAA team, returning home to be with wife Tamara and children Brooke, Brett, Mackenzie and Kevin. The same year Joe returned to school to complete what he had commenced at Central Michigan University, earning his degree in Sport Management at the University of Windsor. Joe enjoyed a 13 year professional baseball career that included four stops in the majors with Montreal, Florida and Detroit, earning him a spot in the Windsor/Essex County Sports Hall of Fame. He occasionally throws on a Tigers uniform, helping the term during batting practice at home games.

Bonnie Simpson (MHK ’07) accepted a position with the Vancouver Organizing Committee for the 2010 Olympic and Paralympic Winter Games (VANOC) as Torch Relays Marketing Coordinator. Kelly's role will be primarily working with Torch sponsors on their marketing and activation leading up to and during the Relay. She will also be working with government partners and communities along the route to coordinate city celebrations, etc. Kelly further mentioned that during the relay itself from October 2009 until February 2010, she will actually be on the road travelling across Canada with the Torch, which Kelly acknowledges that this will be a “pretty amazing experience.”

Kelly Simpson (MHK ’07) is attending the College of Osteopathic Medicine at Des Moines University in Iowa, class of 2013. Victoria plans to return to the Kicking Horse Mountain Resort and it was “fantastic!” Bonnie and Chris purchased a new condo in September and are now residing in Cochrane, Alberta. They also are kept busy with their new border terrier; Ralph who Bonnie reports is lots of work, but also tons of fun!

Victoria Dufour (BHK ’08) was selected for a Queen Elizabeth II Doctoral Scholarship in June 2008, through the Open Scholarship Competition at the University of Calgary. The competition application was University wide so Bonnie is very pleased to be a recipient. Beside school keeping her very busy, Bonnie married Chris Duits on October 3rd celebrating the ceremony on the top of their favourite mountain at the Kicking Horse Mountain Resort and it was “fantastic!”
Windsor area and open a family medicine practice.

**Brandon Finn (BHK '08) and Casandra Meloche (4th year Kinesiology)** represented Canada in an international volunteer work program, along with thousands of other participants from universities throughout North America and Europe. Brandon and Casandra worked in a conservation program in Australia and travelled to Fiji this past summer, thoroughly enjoying the volunteer experience. Brandon and Casandra focused their time to areas such as endangered species preservation and habitat restoration; receiving valuable education in sustainable management of resources and valued use of the natural environment. Brandon and Casandra's projects included finding and restoring the Spiny Rice-flower and helping to restore scoria cone woodland on Mount Elephant. Brandon reported this experience broadened his awareness of environmental issues and gave him hands-on, practical experience in conservation work. Brandon is currently pursuing his Masters in the Kinesiology MHK program at the University of Windsor. His research focus is on sport tourism and urban development. Brandon would like to become a professor at a Canadian university or college. Casandra is in her fourth year in the Kinesiology program and is pursuing a career in either an Athletic Department or Parks and Recreation.

Joe Gibbons (MHK '08) reports after finishing all the requirements for graduating, he travelled Europe for 5 months. Upon returning to Canada, he obtained the Certified Exercise Physiologist certification through the Canadian Society of Exercise Physiology (CSEP-CEP). Shortly thereafter, he moved to Ottawa to work for the University of Ottawa as a Laboratory Facilitator in the Human Kinetics department. Joe's role includes teaching and guiding tutorial assistants as well as undergraduate students involving various exercise testing and body composition techniques, ensuring all laboratories are conducted according to safety and health standards, and helping to organize laboratories and laboratory teaching materials.

Shannon Hogarth (MHK '08) assumed a new position as a Human Machine Interface Specialist at Chrysler LLC in Auburn Hills, Michigan. Shannon mentioned that Chrysler supports the practicality of leadership theory, and she feels ahead of the curve thanks to her experience in our faculty. Shannon became engaged in January 2009 and they are busy planning a summer wedding.

Ashlyn Jewell (BHK '08) reports that life as a Masters Physical Therapy candidate through 2010 at UWO is great and the program is a tremendous learning experience.

Curtis Nickel (BHK '08) is employed as a Youth Services Officer at Service Canada Centre for Youth in Windsor. Curtis stated the program is federally funded and dedicated to helping students and youth from ages fifteen to thirty assisting them find summer employment and into the school year.

Caitlin Orth (MHK '08) commenced a new position with GRIP Limited, an Advertising agency located in Toronto. Caitlin is an account coordinator for Bud and Bud Light. Congratulations Caitlin and welcome to the working world!

Daryl Stephenson (BHK '08) was drafted by the Winnipeg Blue Bombers in the 3rd round of the CFL Entry Draft on April 30, 2008. Daryl is among the CIS’ most decorated players in history. He won the Hec Crighton Trophy as the CIS Most Outstanding Player in 2006, captured the CIS rushing titles in 2005 and 2006, was a CIS First Team All-Canadian in 2005 and 2006, was an OUA All-Star in 2004, 2005 and 2006, and OUA MVP in 2006. The native of London, Ontario recently became Canadian University Football’s All-Time Leading Rusher, passing Dominic Zagari of the University of Manitoba and Eric Lapointe of Mount Allison University.
If you would like more information, our Dean, Dr. Bob Boucher, or our Department Head, Dr. Wayne Mann, would be more than happy to provide a guided tour of our new teaching and research facilities.

The last two years we have highlighted the evolving research culture in Kinesiology and the continued national and international recognition of our students and faculty. As you will read in this edition, this year is no exception. We continue to receive numerous honours for research at all levels and, in the case of our faculty, teaching contributions. It is with these achievements in mind that we include the Research Notes section written by our University of Windsor Research Leadership Chair, Dr. Dan Andrews. In this section you will learn of the new research labs and equipment that will not only benefit our students, but also extend our ability to attract additional research funding. We hope you will see how our faculty and staff continue to go beyond the call of duty to foster a vibrant and innovative scholarly culture for our undergraduates and graduate students alike.

Developments such as those described above have enabled the Faculty of Human Kinetics to continue to build on its growing reputation as a leader in teaching and research. That being said, we are always looking to improve. If you have suggestions, comments, or feedback, please let us know. Remember, as Kinesiology alumni, you will not simply vanish into the ether, and our faculty and staff continue to go beyond the call of duty to foster a vibrant and innovative scholarly culture for our undergraduates and graduate students alike.

A personal note, as Editor, I remain honoured to be entrusted with the HK Newsletter. Of course, such an endeavour requires the assistance and continued support from others. I must, therefore, acknowledge the assistance of Diane Dupuis, Pat McTaggart, Cathy Greenwell, Sylvia Jimenez, Linda Barson, and others who helped with the publication of this edition. Finally, I would be remiss if I did not acknowledge all the faculty, staff, students, and you, our alumni, for your ongoing support and commitment to the Faculty of Human Kinetics.

We are all proud of the accomplishments found in this edition of the HK Newsletter and believe they truly reflect the vibrant culture that exists in the Faculty of Human Kinetics. We look forward to what 2009 and the future will bring, and invite you, as alumni, to share in that exciting future. Beyond supporting our activities, the first scheduled opportunity to share in this excitement is on Friday and Saturday, September 18th and 19th during the 2009 HK Alumni Weekend. Should you wish more information, send an E-mail to hkalumni@uwindsor.ca.

FREE DRAW Alumni Business Cards
Mail us your business card and you are automatically entered in a draw to win HK memorabilia.

CONGRATULATIONS to Shawn Eldridge (BH’01) who was the lucky winner of our draw!!
What’s new in your life?
Have you moved? Earned a promotion? Another degree? Or...?
Let us know so we can update our records and pass the word along to your classmates.

Name (Please indicate with an asterisk (*) if changed) | Degree and year
---|---

Name under which you graduated | Spouse’s name
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| Is spouse a U of W grad? Degree & year?

Mailing address (check here if NEW ) | Your business title, company & address
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Postal code | Email address
Email address | Area code & telephone number

Class notes: New career • promotion • another degree • marriage • other •
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SPECIAL POINTS OF INTEREST

- International Experience
- Advancing Kinesiology
- Kinesiology Research Notes
- Growing Olympic Connection

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