

46-674 Introduction to Psychotherapy

Learning Outcomes

Last Updated: October 6, 2017

(Sa171006-5.5.2)

Learning Outcomes This is a sentence completion exercise. At the end of the course, the successful student will know and be able to:	Characteristics of a University of Windsor Graduate
A. Describe theories of psychotherapy with an emphasis on the role of the therapeutic relationship across and with a variety of psychotherapeutic traditions. Demonstrate knowledge of psychotherapy outcome and process research.	A. the acquisition, application and integration of knowledge
B.	B. research skills, including the ability to define problems and access, retrieve and evaluate information (information literacy)
C. Critique factors that are relevant to major contemporary models of psychotherapy and theories of change.	C. critical thinking and problem-solving skills
D.	D. literacy and numeracy skills
E. Effectively implement helping skills in a compassionate way in a simulated context. Demonstrate understanding and respect for sociocultural perspectives that impact the psychotherapeutic process.	E. responsible behaviour to self, others and society
F. Demonstrate basic information gathering and therapeutic relationship skills. Demonstrate a capacity for empathy in clinical interactions in a simulated context. Effectively incorporate supervisory feedback.	F. interpersonal and communications skills
G.	G. teamwork, and personal and group leadership skills
H.	H. creativity and aesthetic appreciation
I. Appraise personal strengths and identify areas for improvement in helping skills in preparation for providing clinical service.	I. the ability and desire for continuous learning