

## 46-696 Emotion Focused Therapy I

### Learning Outcomes

Last Updated: October 6, 2017

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<b>Learning Outcomes</b>	<b>Characteristics of a University of Windsor Graduate</b>
This is a sentence completion exercise. At the end of the course, the successful student will know and be able to:	A U of Windsor graduate will have the ability to demonstrate:
A. Describe the principles and theoretical underpinnings of emotion focused therapy.	A. the acquisition, application and integration of knowledge
B. Apply a EFT model of human functioning to the conceptualization of a client(s) seen in psychotherapy, and to the development of a treatment plan(s). Identify key emotion processes and facilitate basic enactment interventions in therapy sessions.	B. research skills, including the ability to define problems and access, retrieve and evaluate information (information literacy)
C. Compare and contrast views of development, healthy functioning and psychological dysfunction in an EFT model of human functioning. Apply the case conceptualization to in-session markers of client emotion.	C. critical thinking and problem-solving skills
D. Prepare timely records that are suitable for a clinical audience and inclusion in a permanent health care record.	D. literacy and numeracy skills
E. Interact professionally with clients when providing therapy. Demonstrate appropriate levels of self-awareness, willingness to work on interpersonal and technical skills essential to the role of therapist within a psychodynamic context. Provide ethical and professional health care, consistent with standards of professional practice in Psychology. Professionally and ethically terminate therapy.	E. responsible behaviour to self, others and society
F. Demonstrate the capacity to use EFT theories and principles to guide interventions in therapeutic work with specific therapy clients. Seek and effectively incorporate supervisory feedback.	F. interpersonal and communications skills
G. Participate in providing feedback during group supervision. Contribute to a constructive exchange of views on optimal therapeutic work.	G. teamwork, and personal and group leadership skills
H.	H. creativity and aesthetic appreciation
I. Identify areas of continuing development within the acquisition of knowledge and skills specific to EFT.	I. the ability and desire for continuous learning